PUNYASHLOK AHILYADEVI HOLKAR SOLAPUR UNIVERSITY, SOLAPUR

Name of the Faculty: - Humanities - Social Sciences

Program M.A. –I   Sem. I & II

Syllabus

Course
M.A. I Applied Psychology (C.B.C.S.)

With effect from June-2022-23

Title of the Program- M.A. Applied Psychology

- **Preamble of the Program:-**

    M.A. Applied Psychology the CBCS pattern four semester course that aim providing specialization in streams of psychology students, The learner can opt for specialization in Clinical and counselling psychology. M.A. Post graduate Psychology course includes comprehensive theoretical, and applied. Through Study of psychology as deadline at advanced level. M.A. Psychology degree course cover the study of mind process, theoretical perspective and empirical findings of cognitive Psychology based on application. It also covers cognition, physiology, neurology psychology, personality psychology domains of personality, research methodology statistics social psychology, psychology of emotion, human development , sport psychology. M.A. Psychology degree course covers different area of experimentation in cognition and Psychological assessment. This degree course study includes clinical psychology, psychotherapies, psychopathology health & positive psychology community psychology, psychology of adjustment, cross cultural psychology, rehabilitation and forensic psychology and psychodignostics in modern society. This course provides broad training to the student toward marketing psychology knowledge and become professional psychologist or trainer.

- **Objective of the Program**

    a) To acquint students of Basic assumptions principles, roots of modern scientific and applied psychology.
    b) To help students to acquire knowledge and cognitive, biological, neuropsychological, research, explanation and insight in the clinical & counselling psychology.
    c) To train the students in various psychotherapies, selecting and applying different tests for different purpose.
    d) To explain the contemporary theoretical development in modern applied psychology.
    e) To make students understand the humans various psychological mental disorders.
    f) To enable student to develop skills & competencies deal with specialized areas of counselling, psychotherapies, community, interventions psychometric techniques and mental status examination methods

- **Outcomes of the Program**
    a) Be able serves as basis of further higher study and research in the field such a Ph.D. M.Phil.
    b) Once completion of M.A. Applied Psychology in any Specialization, students can apply for NET, SET examination. The success in these examinations makes teaching or research asgood option.
    c) Be able to competent opt for further higher studies and career in various specialized fields like clinical, educational, counselling, rehabilitation.
    d) Be able to opportunities in job like clinical psychologist, counselling psychologist, child psychologist. Psychologist Neuropsychologist, bio psychologist, school psychologist Rehabilitation psychologist, career counsellor, child care worker. Child support specialist, special educational teacher. Psychiatric assistant. Social worker, community relation officer, Psychometric specialist; psychiatric technician, psychotherapist, Behaviour Specialist, Human resource assistant, caregivers, public relation officer.
    e) Be able to work in various employment areas such as Mental hospitals, Child youth guidance center, Community mental health center, Defense force personal administration

Organization, college, Universities, specialized schools. Private practice in psychometric center, and Research establishment.

- **Eligibility of the Program;**

    Possessing a graduate degree (10+2+3) with psychology or B.A or passed entrance examination in psychology (any graduate any faculty of any university or its equivalent) The entrance examination format include as per University Entrance Exam Rules The questions related to subject knowledge will be based on the undergraduate syllabus of the university The admission based on BA psychology specialization, students in entrance exam merits and reservation rules. Any faculty or stream graduate Student qualifying in the entrance examination will be admitted as per merit from the seats vacant at the center.

- **Duration of the Program:**

    Two consecutive (1 Odd + 1 Even) semester constitute 1 academic year.

- **Medium of Instructions:** English

- **Examination** (80 Marks Theory + 20 Marks Internal)

Punyashlok Ahilyadevi Holkar Solapur University, Solapur

M.A. I Applied Psychology of CBCS w.e.f. 2022-2023

Semester	Code	Title of the Paper	Semester Exam			L	T	P	Total Credit
			Theory	IA	Total				
First									
Subject		**Hard core Compulsory Paper**							
HCT	1.1	Applied Cognitive Psychology	80	20	100	4	0	0	4
HCT	1.2	Research Methodology in Psychology	80	20	100	4	0	0	4
HCT	1.3	Applied Social Psychology	80	20	100	4	0	0	4
		Soft core (Any One)							
SCT	1.1	Personality Psychology	80	20	100	4	0	0	4
SCT	1.2	Neuro psychology	80	20	100	4	0	0	4
		Practical/field work							
HCP	1.1	Field Work -I	80	20	100	0	0	4	4
SCP	1.2	Practicum Expt. Cognitive Process	80	20	100	0	0	4	4
	1	**Tutorial**	00	25	25	0	1	0	1
		Total	**480**	**145**	**625**	**16**	**1**	**8**	**25**
Second									
Subject		**Hard core Compulsory Paper**							
HCT	2.1	Physiological Psychology	80	20	100	4	0	0	4
HCT	1.2	Statistics in Psychology	80	20	100	4	0	0	4
		Soft Core B (Any One) Optional							
SCT	2.1	Domains of Personality	80	20	100	4	0	0	4
	2.2	Psychology of Emotion	80	20	100	4	0	0	4
		Open elective (Any One)							
OET	2.1	Organization Psychology	80	20	100	4	0	0	4
OET	2.2	Sports Psychology	80	20	100	4	0	0	4
		Practical/field work							
OET	1.2	Field Work -I	80	20	100	0	0	4	4
		Practicum Test- Psychological Assessment	80	20	100	0	0	4	4
	1	**Tutorial**	00	25	25	0	1	0	1
		Total	**480**	**145**	**625**	**16**	**1**	**8**	**25**

CBCS MA PART I SEMESTER I
HCT 1.1
TITLE OF THE PAPER- Applied Cognitive Psychology

MODULE CREDIT 4   **NO. OF CONTACT HOURS 60**

Course Objectives:

1) To develop insight into one''s own and others behavioural and mental process.

2) To enrich students understanding the major concepts, theoretical perspectives and empirical

finding in cognitive Psychology.

Course Outcomes:

After completion of this course the students will be able:

1) To know the History of Cognitive Psychology and its applications in various fields

2) To explain theories and research in the field of perception and attention

3) To describe the concept of memory like memory.

4) To describe Decision Making, Problem Solving & Reasoning.

Cont Hours:

Module No and Title:- 1 Introduction to Cognitive Psychology

Definition of Cognitive Psychology

Philosophical and psychological antecedents(History) of psychology

Emergence of Positive Psychology

Research methods in cognitive psychology

Cont Hours: 15

Module No and Title:- 2 Perception
Sensation to representation

Iconic and Echoic store

Theoretical approaches to perception

Deficits in perception

Cont Hours: 15

Module No and Title:- 3 Problem Solving and Creativity

The problem solving cycle

Types of problem, Obstacles of aids to problem solving

Definition of creativity ,creative process

Investment theory of creativity and judging creativity .

Module No and Title:- 4 Decision Making and Reasoning   **Cont Hours:** 15

Judgement and decision making

Deductive reasoning

Inductive reasoning

Artificial intelligence

Book for study:
1) Robert J. Sternberg : (2007): Cognitive Psychology (Fourth Edition). Thomson, wads worth, Indian Edition.
2) James W Kalet(2014) Biological Psychology(Eleventh Edition) Cengage Learning

Books for Reference
1) Robert J. Sternberg (2009) Applied cognitive Psychology: Cen gage Learning, Pashupati Printers (P) Ltd.
2) Mark H. Ascraft, Gabriel, Gabriel A. Radvansky & (c (2010): Cognition Pearson; Repro India Ltd.
3) Edward E. Smith, Stephen M. Kosslyn (2009), Cognitive Psychology, New Delhi, PHI Learning Private Limited.
4) Borude R.R. (2005) Bodhnik Manasashtra Chhaya Prakashan.

Course Objectives

1) To acquaint the student with basic research process, research design and types of investigation that they can follow the research report and papers in different the students of psychology.
2) To acquaint the students the scientific research, Sampling and data collection, research design.

Course Outcomes:

1) Student will able with basic research process, research design and types of investigation that they can follow the research report and papers in different the students of psychology.
2) Student will learn scientific research, Sampling and data collection, research design.

Cont Hours: 15

Module No and Title: - 1 Scientific Research

Scientific research problem, selection and definition

Hypothesis- definition, types and characteristics

Variables- definitions and types

1.4 Sampling –definition, principals and types

1.5 data collection Methods

Cont Hours: 15

Module No and Title: - 2 Research Design
Meaning, purpose and principles

Adequate and inadequate, design criteria

General research design

Research design and its Application with Randomized group

Research design and its Application with correlated group

Cont Hours: 15

Module No and Title: - 3 Types of Investigation and data collection
controlled lab experiment

field experiment

Ex-post facto research, Lab and field studies between groups design and within-groups design, Lab, FiledExperiment, Ex post facto.

Methods of data collection: Observation, laboratory experiments and field experiments

Cont Hours: 15

Module No and Title:- 4 Research proposal, Interpretation and computer Application

APA format of research proposal and writing research report

Meaning of interpretation. Why Interpretation.

Techniques and precisions in interpretation.

Application of computer system in research

Guideline for evaluating research. Tips for reading or research report.

Book for study

1. J. S. Zechmeister EB zechmiester, J.J. Shaughnessy Essentials of Research methods in psychology TATA McGraw-Hill Edition.
2. Fred N. Kerlinger (2005) "Foundation of Behavioural Research" Surjeet Publications. IInd Edi.

Book for Reference:

1. C.R. Kotahi, "Reearch Methology ethods & Tehniques. IInd di wiy Eatern mied.

2. Barude R. R. (2006) "Sanshodhan Padhatishastra" Pune Vidyamarathi Grhua.

3. B.N. Barve(2009) "Manshshatratil Sanshodhan Pathithi" Vidya prakashan Nagpur.

COURSE CREDIT:-4   **COURSE CONTACT HOUR:-60**

Course Objectives
1. Acquaint Students with theories and applications of Social psychology
2. Familiarize students with Social Interactions
3. Underline the importance of Close Relationships and Pro- social behavior

Course Outcomes:
1. Develop understanding about theories and applications of social psychology
2. Develop understanding of social interactions.
3. Understands importance of close relationship and pro-social behavior

Module No and Title: - 1. INTERPERSONAL ATTRACTION AND CLOSE RELATIONSHIPS   Cont Hours: **15**
   Internal Determinants of attraction – affiliation, affect
   External determinants of attraction – proximity, observable factors
   Interactive Determinants of Attraction, Effects ofRejection
   Close Relationships –family, friendship, love – theories of Love
   Application – Marriage – preparedness and problems- need for premarital and marital counselling

Module No and Title:- 2 AGGRESSION   Cont Hours: **15**
   Definition and Levels (Irritation, Anger, Aggression, Violence)
 Forms of aggression – inter group, intra group, child sexual abuse, domestic
 Violence, workplace violence, bullying, ragging
   Causes of aggression (theories -biological, Instinct, psycho social cognitive)
   Perspectives – environmental, cultural, media
   Application – Prevention and Control of Aggression

Module No and Title:- 3 PRO- SOCIAL BEHAVIOUR   Cont Hours: **15**
   Motives for Pro- Social Behavior
   Dealing with Emergencies and Bystander effect
   Internal and external factors influencing Pro-social behavior
   Commitment to Socially responsible behavior
   Application – How to increase pro – social behavior

Module No and Title:- 4 COMMUNICATIONS   Cont Hours: **15**
   Definition, Process and Types- Verbal, Non verbal
   Codes for Non - verbal Communication
   Healthy and Unhealthy communication
   Communication skills – presentation, Group Discussion, Interview
   Application – Tips on how to communicate effectively

Book for study

1. Baron R, Byrne D, Branscombe N (2014), Social Psychology ,13 th edition, Pearson Publications, New Delhi
2. Baron R, Byrne D, Branscombe N, BharadwajG (2009), Social Psychology, Indian adaptation, Pearson, New Delhi
3. Taylor, Pepleau and Sears (2005), Social Psychology, 12th edition, Pearson, New Delhi
4. Natu S.A, Vaidya A, Rajhans M (2012),SamajikManasshastra, , Pearson Publications, New Delhi
5. Golwilkar S, Abhyankar S, Kher T (2012), SamajikManasshastra, Narendra Prakashan, Pune
6. Gadekar (2013), PragatikSamajikManasshastra, Diamond Publications, Pune Deshpande, Sinharay, Vaidya, SamajikManasshastra   ,
7 . Tadsare, Tambake, Patil, Darekar (2008), ,SamajikManasshastra,Phadke Prakashan, Pune
8. Weiten, W. and Lloyd, M. Indian Edition 8th (2007). *Psychology applied to modern life: Adjustment in the 21st century.* Thomson

COURSE CREDIT:-4   **COURSE CONTACT HOUR:-60**

Course Objectives –

1. To help the students to understands the difference between personality theories and personality psychology.

2. This course helps the students to understand Indian as familiarity to personality related concepts and functions.

Course Outcomes:

After completion of this course the students will be able:

1. To know the nature of personality and characteristics of good Personality.
2. To understand the taxonomies personality from different theories dispositions from psychoanalyticalperspective
3. To understand personality development from genetics physiology & evolutionary approach
4. To understand personality development from Humanistic and Existential perspectives
5. To know recent development in the field of Psychoanalytic approach.
6. To know researches in the field of personality psychology.

Cont Hours: 15

Module No and Title:- 1 Introduction to Personality Psychology

Definition of Personality and its description.

Three level of personality analysis

Six domains of knowledge about human nature

Research design in personality

Cont Hours: 15

Module No and Title: - 2 Trait and trait taxonomies / dispositions to Personality

What is trait, Two basic formulation, identification of important traits – lexical, theoretical , evaluation. Traitand type distinction.

Taxonomies of personality - Eysenk, cattel, circumplex, five facter, Indian.

Conceptual issues - stability,change,conevence

Personality stability, change, conevence overtime

Module No and Title:- 3 Genetics / Physiological / Evolutionary approaches to Personality

The human genome, what is heritability?

Behavioural genetic methods, major findings

Physiological majors, physiologically based theories of personality

Evolutionary psychology, human nature, sex and individual differences

Module No and Title: - 4 Psychoanalytic approach to personality

Fundamental assumptions of psychoanalytic theory – Basic insists, unconscious motivation, psychicdeterminism

Structure of personality – Id, Ego, Super Ego, dynamics of personality

Psychosexual stages of personality development

Personality and psychoanalysis

Book for study
1) Randy Larsen, David Buss, Megha Deuskar. (2014) Fourth edition Personality
Psychology: Domains of knowledge About Human Nature. NJ: McGraw-Hill Education.

Book for references.
1) Career C.S. and Scheier M.F. (1996) personality Perspectives on 3rd Edi. Allyn & Becan
2) Schultz D.P. and Schultz S.C.(2009) Personality theories , Cenage
3) Pervein L.A. (1996) Personality , Jhon Villy
4) Hall and Lindzey (1984) Theories of personality, Willy Estern
5) Buss D.M. , Larsen R.J. (2009) Personality Psychology Domains of knowledge
About Human Nature. NJ: McGraw-Hill Humanities
6) Corr., P.J. & Gerald Matthews, G (2009), The Cambridge Handbook of
Personality psychology Cambridge : Cambridge university press.
7) Buzge J.M (2010) Personality wadsworth publishing
8) John, O.P. Robins, R.W. & Pervin . L.A. (Eds.) (2010) Handbook of personality,
Third Edition. Theory and Research New York, NY: Guilford
9) Larsen R.J. (2010) clasing views personality Psychology Dushkin/mcgraw – hill
10) Miserandino M (2011) Personality Psychology foundation & findings, Person Education.
11) Barve (2011) Vaykatimatwa Shindhant

COURSE CREDIT: - 4   **COURSE CONTACT HOUR:-60**

Course Objective-

1) To Introduce the student the recent trends in Neuropsychology

2) To acquaint the student knowledge neuropsychology, neuroanatomy, Techniques of neuropsychology.

Course Outcomes:

Course Outcomes:-

1) Student learn relation between heart mind brain

2) Students understand knowledge neuropsychology, neuroanatomy, Techniques of neuropsychology.

                                                                                   Cont Hours: 15

Module No and Title:-1 Introduction to Neuropsychology

   What is Neuropsychology

A) Heart, Mind and Brain: The Early History of Neuropsychology.

B) The Mind body Problem.

   The Recent History of Neuropsychology

   A)Cataloging the effects of Lesions

   B)Focus on the Neuron

   C) The Brain Mappers

   D) Functional

   Neurosurgery

                                                                                   Cont Hours: 15

Module No and Title:-2 Neuroanatomy

2.1Cells of the Nervous System A)

Neurons and glia Structure and function

B)Communication within the Neuron: The Action Potential

C)Communication between Neurons : The Synapse

D)Neurotransmitters- Acetylcholine, Monoamines, soluble Gases, Amino Acids, Neuropeptides,

2.2The Nervous system

A) Positional terms

B) Divisions of the Brain: The hindbrain, The Midbrain, The forebrain.

Cont Hours: 15

Module No and Title:-3 Techniques in Neuropsychology

   Study of the Damaged Nervous system

A) The Scientific Method

B) Non-human animal models

C) Cognitive Testing

   Brain Imaging

A) Structural Imaging: X-Rays, Computed, Tomography, Maghetic Resonance Imaging

B) Electrophysiological methods : Electroencephalogram (EEG), Event- Related Potentials (ERPS), Magnetoencephalography (MEG)

Module No and Title:-4 Laterality   **Cont Hours: 15**

   Methods: split brain, Intracarotid Amobarbital testing, visual system.

      Neuroanatomical, Neurochemical and Behaviour findings

   A)Neuroanatomical Asymmetries

   B)Asymmetries in specific Structures within the Hemispheres

   Books for Study

1.   Lorin Elias and Deborah Saucier, (2018) "Neuropsychology: Clinical and Experimental Foundations"1st Edition,pearson Education, Limited.

Books For References

 1. Naima Khattn,(2012) "Health Psychology" Dorling Kindersley(India) Pvt. Ltd., Licencees of Pearson Education in south Asia.

 2. John .w.Santrock 2007"A typical approach to Life Span.Devlopment " Third Edn.Tata McGraw

Hill.Books for Reference

3. Dacey and Travers (1996) "Human Devlopment „Acroos the Life Span" Brown and Benchmark publisher 3rd Edition.

 4. Diane E Papalia and Sally olds (1985) "Human development," Tata McGraw-Hill edition, 5th Edition.

 4.   Hurlock E.B (2001) "Development Psychology :A Life Span approach, "TMH Publishing Company,New Delhi

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CBCS MA PART I Semester I

HCP 1.1

TITLE OF THE COURSE – Field Work

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PROJECT WORK: Guidelines

1. Project Based Learning is the application of the comprehensive methodology to inculcate the spirit of strategizing industry operations in a real-time environment

2. The project work aims to foster students with an opportunity to develop conceptual, analytical, communication and interpersonal skills**.**

3. Selection of Project work Topic
   1. The choice of topic for the project work and the approach to be adopted needs to be based on the field of specialization.
   2. It is important to distinguish between „project work topic‟ and „project work title‟. The topic is the specific area that you
   ☐ wish to investigate. The title may not be decided until the project work has been written so as to reflect its content properly.

4. The project topic should conform to the following:

Related to one or more of the subjects or areas of study within the core program and specialization;

Clearly focused so as to facilitate in-depth study, subject to the availability of adequate sources of information and to your own knowledge; of value and interest to you and your personal and professional

Development.

5. Planning the Project work

Selecting an original and relevant topic for investigation.

Establishing the precise focus of your study by deciding on the aims and objectives of the project work, formulating questions to be investigated, deciding the sampling techniques and statistical techniques to sum up the findings of the study. Consider very carefully what is worth investigating and itsfeasibility.

Drawing up initial project work outlines considering the aims and objectives of the project work. Workout various stages of project work

6. Important instructions and in form action on Project Submission:

☐The title of the project should not be more than **12 words in length**. The complete Project Work should be submitted in **15000-30000 words**. You are supposed to submit project work along with extended abstract and project guide resume simultaneously.

☐You must be careful about Originality and Relevance of Project Topic to avoid Project Rejection at a later stage.

Therefore, you are required to submit a plagiarism report acknowledging **85% originality** Project Guide

☐must be Post Graduate with a minimum of 10 years of work experience Ensure to include signed &

☐scanned copies of following essential certificates

From Project Guide: Certifying bona fides of project work carried out under his/her supervision

From a student: Certifying that submitted project work is an original piece of work and has not been submitted earlier

☐You will receive an intimation through a registered email address, on successful uploading of project work report.

Viva Questions will be accessible after uploading Project Work.

Project submission will be accepted only after the Project file is uploaded and Viva questions are answered generally, it takes four to six weeks to complete the process of evaluation of project work.

Writing the Project Work:

Please submit the extended abstract of the project work in **3000-5000words.**

The extended abstract should case the following aspects:

(a) The abstract for **500-1000words**

An abstract is an overview or a brief summary of project work, which helps the reader to ascertain the purpose of carrying the project work. It acts as a stand-alone entity for the complete project work

(b) The study hypotheses (null or alternative hypotheses, if applicable)

(c) Literature Review

Literature review (secondary sources) is the evaluation of substantive findings and theoretical and methodological contribution to a particular topic. It is a critical analysis of the previous research conducted in a particular area.

(d) Research methodology adopted

Research methodology is the implementation of methods or techniques to efficiently solve a research problem, which helps the reader to assess the validity and reliability of the study.

Research methodology constitutes of:

Research Design: Descriptive, Conclusive, Causal or Exploratory Sampling

Technique: Probability or Non-Probability

Data Collection: Tools used for data collection (for eg: questionnaire, survey, etc) Data Preparation:

Classification and Tabulation of data

Data Analysis: Hypotheses Testing

(e) Results (theoretical orempirical)

The findings of the study are to be summarized as:

Data interpretation: Interpret and elaborate findings of the research Recommendation:

Suggestions based on critical analysis of the results

(f) Implications of theory and practice

The total size of the project document should not exceed 2MB. Portable document format (.pdf), Microsoft Word (.doc,.docx)

Figures, graphs. Tables, Appendices and References should follow the **American Psychological Association (APA) Style guide, 6thedition.**

Mention the **sources** of any images, tables, and figures cited or presented

Include a page header known as "running head at the top of every page

Use Font: Times New Roman; Font size: **12**; Double-spaced; 1-inch (2.5cm) margin all around

Use American spellings („program" not „programme"; „center" and not" Centre"

Use "z" spellings instead of "s" spellings (recognize, organize, summarize)

7. Project Submission:

Complete Project submission includes three stages

(i) Extended Abstract along with Guide Resume

(ii) Project Report Submission along with Plagiarism Report

(iii) Answer Viva Questions

8. Viva Submission:

i. Viva Questions will include 5 descriptive questions related to your specific project.

ii. Viva questions are mandatory for the final project submission.

9. Evaluation Scheme:

IMPORTANT NOTE

Students must submit all Project Components (Extended Abstract, Guide Resume, Project Report, Plagiarism Report, and Viva Answers).

In case of incomplete details, students will be asked to **resubmit** all project documents which would lead to delinquency in Academic Completion and Extension Fee.

Plagiarism check would be conducted before evaluation, for all the Project Report submissions. If any report exceeds 15% plagiarism, the same would be rejected and the student will undergo the process of resubmission as per rules.

Cover page for M.A. Thesis

M.A.THESIS	"Write here title of the thesis in all upper-case (capital letters) witha „Centre" alignment. Place this title on the upper central part of the cover with sufficient margin from top and both sides. Use a font size suitable to the length of the title."

A THESIS SUBMITTED TO

Name of the UNIVERSITY

FORAWARDOFDEGREEOFMA

STEROFARTS(M.A.)

INTHEFACULTYOFHUMANITI ES

SUBMITTEDBY

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UNDERTHEGUIDANCEOF

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RESEARCHCENTRE

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MONTH&YEAROFSUBMISSION

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MONTH,

YEAR

TITLE OF THE COURSE – Practicum Expt. Cognitive Process

COURSE CREDIT:-10   **COURSE CONTACT HOUR:-120**

Course Objectives:-

1) To acquaint the students with the different areas of experimentation in psychology

2) To enable students to skills of conducting experiments in psychology

3) To enable students to analyze and report data of experiments

4) To help students to understanding skills in presentation of seminar.

Course Outcomes:

After completion of this course the students will be able:

1) to know the method of conducting psychological experiment

2) to learn application of cognitive process in experiment.

3) To know designing a psychological experiment.

5) to write report on psychological experiments

6) to make students aware about various experimental design

* Cognitive Process (Any Three)   **(30 Marks)**

1) Concept Formation

2) Illusion

3) Phi-phenomenon

5) Division of Attention

6) Localization of sound

7) Depth Perception

8) Time Perception

9) Problem solving (wiggly Blocks/Heart - Bow)

10) Perceptual Defense

11) Rational Learning

12) Stroop Effect

* Learning and Memory (Any Three)   **(30 Marks)**

1) Forgetting

2) Memory for associated and unassociated fear of words

3)Effect Mnemonic strategies

4) Conditioning (Watson Hand with draw/verbal conditioning)

5) Retroactive or Proactive Inhibition (Interference)

6) Maze Learning (Bolt-Head)

7) pair associate learning

8) Short term Memory/long term memory

9) Long-term Memory16

10) Bilateral Transfer mirror tracing

* Motivation / Emotion (Any Two)   **(20 Marks)**

1) Judging emotions from facial expression

2) Effect on Anxiety on performance

3) Knowledge of Result

4) Good setting behaviour

5) Zeigarnik effect

6) Determining aspiration level

Section B (CA) (20 Marks)

• Essay Writing: From following topics any one topic randomly assigned for

Essay writing in internal assessment to each student by course teacher. (15 Marks)

a. Evolution of Perception

b. Evolution of Emotions

c. Evolution of motivation

d. Evolution and Consciousness

e. Evolution Child Psychology

f. Evolution Social Psychology

g. Evolution of Abnormal Behaviour

h. Evolution Clinical Psychology

i. Evolution Personality Theories

j. Evolution Psychotherapy

k. Evolution Developmental Psychology

l. Evolution Applied Psychology

m. Evolution of Sport Psychology

n. Biopsychology

o.Evolution criminal psychology.

p. Evolution of Attention

q. Evolution of Memory

r. Stress Management

s. Time Management

t. Communicational Skills

u. Counseling Skills

prevention of MR

w. Cognitive Neuroscience

x. Family Counselling17

y. Evolution of Educational psychology

z. evolution of Forensic psychology

• Tutorials : On prescribed Experiments in syllabus   (10 Marks)

Distribution of Marks
Section A –
Record Book (Journal) – 20
Prcedure-15
Report Writing – 25
Viva- 20
 Total Marks – 80

Books for study –

1) Mohsin S.M. (1975) Experiments Psychology – orient Longman

2) Tinkar M.A. & Rusself W.A. – Introduction to methods in Psychology Appleton

3) Jolata S (1962) – Experiments in Psychology – Asia Publishing House

4) Galloti K. M. (2004) – Cognitive Psychology in and out of the laboratory U.S.A.

Thomson Wordsworth.

5) Stenberge R.J. (1990) - Cognitive Psychology N.Y. Harcourt Brace college Pub.

6) Munn (1984) – Experimental Psychology Journal.

Book for Reference –

1) Baker and Taylor (1960) – Laboratory experiments in Psychology

2) Snodgrass (1985) – Human experimental Psychology

3) Woodworth and schools berge (1982) – Experimental Psychology.

TITLE OF THE COURSE - Physiological Psychology

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COURSE CREDIT: - 4   **COURSE CONTACT HOUR:-60**

Course Objectives:
1) To acquaint understand fundamental physiological mechanism under the psychological processes
2) To provide student different physiological concepts relating to the basis of behaviour

Course Outcomes:
1) Student understand physiological psychology and role of evaluation in behaviour
2) Student understand neurons and Its conduction and transmission in behaviour
3) Student enrich the knowledge about the Nervous System in the mental disorders
4) Student understand internal and hormonal regulation of behaviour

Cont Hours: 15

Module No and Title: 1Introduction to physiological psychology

1.1. Introduction to physiological psychology; Neuron: Anatomy, Excitatory post synaptic influences, Inhibitory post synaptic influences, Chemical basis –neurotransmitters and Pre synaptic influences

Research Methods in physiological psychology

Human evaluation and behaviour
Evaluation and Genetics

Module No and Title: 2 Neurons, Neural Communications and Conduction

Neurons
Neural Communications and Conduction
2.3Synaptic transmission
2.4Neuro-transmitters and effect of drugs

Module No and Title: 3Nervous Systems

Anatomy of Brain

Structure of Nervous system

Central Nervous System
3.4PeripheralNervous System
3.5Hemispheric Specialization

Module No and Title: 4
Internal&Hormonal Regulation / Sleep

Homeostasis

Metabolism

Hormonal regulation of behaviour

Circadian Rhythm &Sleep

Books for Study:

1) Meetu Khosla (2017). An Introduction Physiological Psychology Published by Vivekmehta Sage Publication
2) Levinthal, C.F.(1996). Introduction to Physiological Psychology, 3rd edition, NewDelhi, Prenctice Hall.

Books for Reference:

1) Pinel, J.P.J. (2006). Biopsychology, 6th edition. New Delhi, Pearson Education.
2) Morgan, T.C and Stella, E . (1950). Physiological Psychology
3) Schwartz, M. (1978). Physiological Psychology, New Jersey, Prentice Hall.
4) Bridgeman, . (1994) The Biology of the Behaviour and mind, New York, Prentice Hall

COURSE CREDIT: - 4   **COURSE CONTACT HOUR:-60**

Course Objectives:

1) To make the students the concepts and applications of descriptive statistics and probability

2) To help student understand when and how to use „t" test, ANOVA, ANCOVA,MANOVA and other non-parametric tests to study group differences

3) To help student understand when and how to use different methods of correlations tostudy the strength of relationship between the variables

4) To help student understand how predictions about variables can be made

5) To help students know the non-parametric alternatives to measure the relationship between the variables

6) To help students know the techniques of factor analysis, path analysis and structural equation modeling

Course Outcomes:

After completion of this course the students will be able:

1) To explain the concepts and applications of descriptive statistics and probability

2) To use „t" test, ANOVA, ANCOVA, MANOVA and other non-parametric tests to study group differences

3) To describe and use different methods of correlations for studying the strength of relationship between thevariables

4) To explain how predictions about variables can be made

5) To describe and use the non-parametric alternatives to measure the relationship between the variables

6) To describe the techniques of factor analysis, path analysis and structural equation modeling

Module No and Title: 1: Overview of Descriptive Statistics and Probability

Overview of measures of Central tendency and variability.

Percentiles, percentile ranks and standard scores.

Probability: Concept, definition, axioms, random variables, expected value, central limittheorem Distributions: normal distribution, Skewedness and kurtosis.

Module No and Title: 2 Inferential Statistics: Inference about Location

Two group differences: t test- independent and dependent samples. Bootstraping.

Multi-group differences: one-way ANOVA: independent and dependent samples. Two-

wayANOVA: independent samples

ANCOVA and Repeated Measure ANOVA

Wilcoxon sign-rank test; median test; U test; Kruskal-Wallis test

MANOVA and discriminant function analysis

Module No and Title: 3 Associations, Prediction and Other Methods

Correlation: product moment, partial correlation, special correlations.

Linear regression (OLS)

Multiple regressions, logistic regression.

Nonparametric correlations: Kendall's tau; Spearman''s rho; measures for nominal data,

chisquare, binomial test, proportions test.

Module No and Title: 4 Factor Analysis and Software Packages

Factor analysis: basic concepts, methods of extraction and methods of rotation

Confirmatory factor analysis.

Path Analysis

Structural Equations Modeling.

Books for Study:
1) Howell, D. (2009).Statistical Methods for Psychology (7th ed.). Wadsworth.

2) Wilcox R. R. (2009). Basic Statistics: Understanding Conventional Methods and

Modern Insights. NY: OUP.

3) Minium, E. W., King, B. M., & Bear, G. (2001). Statistical reasoning in psychology

and education. Singapore: John-Wiley.

4) Aron&Aron (2008). Statistics for Psychology (5th ed). New Delhi: Pearson

Books for References:

1) Daniel, W. W. (1995). Biostatistics.(6th Ed.). N.Y.: John Wiely.
2) Field, A., Miles, J., and Field, Z. (2012). Discovering Statistics Using R. NY: Sage.
3) Gourch, R. L. (1983). Factor Analysis.Lorrence Erlbaum
4) Guilford, J. P., &Fructore, B. (1978). Fundamental statistics for psychology and
5) education. N.Y.: McGraw-Hill.
6) Hair, J. F., Anderson, R. E., Tatham, R. L., & Black, W. C. (1998). Mulivariate dataanalysis.(5th Ed.). N.J.: Prentice-Hall Inc.
7) Hatekar, N. R. (2009). Principles of Econometrics: An Introduction (Using R). ND:Sage.
8) Loehlin, J. (1998). Latent Variable Models: an introduction to factor, path, andstructural analysis. Hillsdale, N.J.: LEA.
9) Marcoulides, A. G. &Schumacker, E. R. (2001). New developments and techniquesin structural equation modeling.Hilsdel, New Jersey: Lawrence Erlbaum.

10) R Development Core Team. (2011). R: A Language and Environment for StatisticalComputing. Vienna, Austria:R Foundation for Statistical Computing. (http://www.Rproject.org)

11) Sheskin, D. (2011).Handbook of Parametric and Nonparametric StatisticalProcedures, (5th ed). Chapman and Hall/CRC.

12) Tabachnick, B. G. &Fidell, L. S. (2001). Using multivariate statistics (4th Ed.).Boston: Allyn and Bacon.

13) Wilcox, R. R. (2011). Modern Statistics for the Social and Behavioral Sciences: APractical Introduction. CRC Press.

14) Wilcox, R. R. (1996). Statistics for social sciences. San Diego: Academic Press.

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COURSE CREDIT: - 4   **COURSE CONTACT HOUR:-60**

Course Objectives –

1. To introducing the students neo-psychoanalytical, humanistic, experiential, social, cultural, domains of personality.

2. To help the students allow to compare significant research in Eastern and western culture.

Course Outcomes –

1. Student able to introduce the neo-psychoanalytical, humanistic, experiential, social, cultural, domains of personality.

2. Student able to allow comparing significant research in Eastern and western culture.

Cont Hours: 15

Module No and Title: 1 Neo – Psychoanalytic and Humanistic Domain

Ego Psychology – Erikson Eight stages, Kaven Horney, Self and Narcissim

Object Relation Theory – Early childhood attachment, Adult relationships

Basic concepts – Needs, Traits, apperception, TAT. Basic three motives : Achievement, power, intimacy.

Humanistic Domain – Maslow and Rogers contribution

Cont Hours: 15

Module No and Title: 2 Cognitive Domain

Personality revealed through perceptions – field of independence, pain tolerance, sensation reducing andaugmenting

Personality revealed through interpretation – Kelly"s personal construct theory, locus of control, learnhelplessness

Personality revealed through goal.

Personal project analysis – Cognitive social learning theory, intelligence.

Cont Hours: 15

Module No and Title: 3 Experiential Domains

Issues in emotional research – emotional state Vs emotional trait, categorical Vs Dimensional approach, contentVs style of emotional life

Components of the self – self-concept, : developmental of self-concept, self –schemeta

Evaluation of component of self – self-esteem: evaluation of one"s self ,Research on self-esteem.

Social components of the self : Social identity: The Nature of Identity, Identity Development, Identity crisis.11

Module No and Title: 4 The Social and Cultural Domain

Sex– Differences in Personlity, Temparament, Five factor model, Basic Emotions, others dimensions ofpersonality.

Masculinity, Feminity, Androgyny and sex roles – Search for Androgyny,Gender stereotype

Theories of sex differences: socialization and social roles, Hormonal theories.

Cultural Psychology: Definitions, three major approaches to

culture –1.Evoked culture 2.Tranmitted culture 3. Cultural universals.

Book for study

1) Randy Larsen, David Buss, Megha Deuskar. (2014) Fourth edition Personality

2) Psychology: Domains of knowledge About Human Nature. NJ: McGraw-Hill Education.

Book For References.

1) Career C.S. and Scheier M.F. (1996) personality Perspectives on 3rd Edi. Allyn & Becan

2) Schultz D.P. and Schultz S.C.(2009) Personality theories , Cenage

3) Pervein L.A. (1996) Personality , Jhon Villy

4) Hall and Lindzey (1984) Theories of personality, Willy Estern

5) Buss D.M. , Larsen R.J. (2009) Personality Psychology Domains of knowledge About Human Nature. NJ: McGraw-Hill Humanities

6) Corr., P.J. & Gerald Matthews, G (2009), The Cambridge Handbook of Personality psychology Cambridge : Cambridge university press.

7) Buzge J.M (2010) Personality wadsworth publishing

8) John, O.P. Robins, R.W. & Pervin . L.A. (Eds.) (2010) Handbook of personality, Third Edition. Theory and Research New York, NY: Guilford

9) Larsen R.J. (2010) clasing views personality Psychology Dushkin/mcgraw – hill

10) Miserandino M (2011) Personality Psychology foundation & findings, Person Education.

11) Barve (2011) Vaykatimatwa Shindhant

COURSE CREDIT:-4   **COURSE CONTACT HOUR:-60**

Course Objectives:

1. To impart students" knowledge about emotions.

2. To understand to students different approaches of emotions

3. To impart students" knowledge about emotional disorders.

Course Outcomes:

1. Student understand basic nature of emotion

2. Student comprent different approaches of emotions

3. Student learn cultural basis behind emotions

4. Student can understand different emotional disorders

                                                        Cont Hours: 15

Module No and Title: 1. Introduction and Approaches of Emotion Part 1

   Emotion: Definitions, Nature and Importance of Emotion

   Specific Basic Emotions: Anger, Sadness, Anxiety, Fear, Love, Happiness, Jealousy, Shame

   Early Approaches of Emotion: Darwin, McDougal, James-Lange, Cannon-Bard

   Effect of Emotions on Human (Positive and Negative)

                                                        Cont Hours: 15

Module No and Title: 2. Approaches of Emotion Part 2

2.1. Phenomenological Approaches of Emotion: Sartre, Buytedjik, Hillman, Fell, De Rivera

2.2. Behavioural Approaches of Emotion: Watson, Harlow and Stagner, Millenson, Weiskrantz

2.3. Cognitive Approaches of Emotion: Arnold, Schachter, Leventhal, Bower, Lazarus

2.4. Social Approaches of Emotion: Ethology: Eibl-Eibesfeldt, Dimensionality: Frijda, Social Sharing: Rime, Group Expression: Heise and O"Brien

                                                        Cont Hours: 15

Module No and Title: 3. Emotion and Culture

   3.1. Emotion and Work

   3.2. Emotion and Spirituality

   3.3. Emotion and Sport

   3.4. Emotion and Gender Differences

Module No and Title: 4. Emotional Disorders

4.1. Emotion and Mood Disorder

4.2.Emotion and Anxiety,

4.3.Emotion and Psychosomatics

4.4Emotion and Stress and Coping

Books for Study:

1. Ad J.J.M. Vingerhoets, & IvanNyklicek Johan Denollet.(2008). Emotion Regulation:Conceptual and Clinical Issues.New York, Springer Science+Business Media.

2. Borod, Joan, C.(2000). The Neuropsychology of Emotion. New York, Oxford University Press, Inc.

3. Gross, James J. (2007)Handbook Of Emotion Regulation.New York, The Guilford Press

4. Strongman, K. T.(2003). The Psychology of Emotion: from everyday life to theory (Fifth Edition).Printed and bound in Great Britain by Biddles Ltd, Guildford and King"s Lynn

Books for References:

1.Schneider, K. (1959). Klinische Psychopathologies [M.W. Hamilton, translator]. New York: Grune& Stratton.

2.Taylor, G. J. (2000). Recent developments in alexithymia theory and research. Canadian Journal of Psychiatry.

3. Taylor, G. J., Bagby, R. M. & Parker, J. D. A. (1997). Disorders of Affect Regulation: Alexithymia in Medical and Psychiatric Illness. Cambridge: Cambridge University Press.

4. Tomkins, S. S. (1962). Affect, Imagery and Consciousness, Vol. 1, The Positive Affects. New York: Springer-Verlag.

5. Tomkins, S. S. (1963). Affect, Imagery and Consciousness, Vol. 2, The Negative Affects. New York: Springer-Verlag.

6. Turner, M. B. (1967). Philosophy and the Science of Behavior. New York: Appleton-CenturyCrofts.

7. Watson, J. B. (1929). Psychology. From the Standpoint of a Behaviorist, 3rd edn, revised. Philadelphia: Lippincott.

8. Weiner, B. (1986). An Attributional Theory of Emotion and Motivation. New York: SpringerVerlag.

9. Weiskrantz, L. (1968). Emotion. In L. Weiskrantz (ed.) Analysis of Behavioural Change, pp. 50–90. New York: Harper & Row.

10. Williams, J. M. G., Watts, F. N., MacLeod, C. & Mathews, A. (1997). Cognitive Psychology and Emotional Disorders, 2nd edn. Chichester, UK: John Wiley & Sons.

11. Wittgenstein, L. (1953). Philosophical Investigations, transl. G. E. M. Anscombe. Oxford: Blackwell.

12. Young, P. T. (1961). Motivation and Emotion. New York: John Wiley & Sons.

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COURSE CREDIT:-4   **COURSE CONTACT HOUR:-60**

Course Objectives:
To acquaint the students with the
1. Work motivation and approaches of work motivation.
2. Attitudes, emotions, stress at workplace and organizations.
3. Justice, Diversity and Leadership in Organizations.
4. Teams, Dynamics, Development and Changes in Organization**.**

Course Outcomes:

1. Student able to learn Importance of Motivation in the Workplace.

2. Student understand Self-Efficacy in Modern Motivation Theory

3. Student learns descriptions of different of Leadership stages.

4. Student will use the knowledge of Organization in research

5. Students improve their life and motivate deeply about their personal journey through life.

Module No and Title: 1. An Introduction and Approaches to Work Motivation

Brief History of Motivation Theory in I-O Psychology

The Meaning and Importance of Motivation in the Workplace

Classic Approaches to Work Motivation

a) Person-as-Machine Theories

b) Person-as-Scientist Theories

Modern Approaches to Work Motivation

a) Person-as-Intentional Approaches

b) The Concept of Self-Efficacy in Modern Motivation Theory

c) Common Themes in Modern Motivation Approaches

Practical Issues in Motivation

a) Can Motivation Be Measured?

b) Cross-Cultural Issues in Motivation

c) Generational Differences and Work Motivation

d) Motivational Interventions

Module No and Title: 2: Attitudes, Emotions, Stress and Behavior

2.1. Work Attitudes

a) The Experience of Emotion at Work

b) Job Satisfaction: Some History

c) The Measurement of Job Satisfaction

d) The Concept of Commitment

e) Organizational Identification

f) Employee Engagement

Moods, Emotions, Attitudes, and Behavior

a) Satisfaction versus Mood versus Emotion

b) Withdrawal Behaviors

Special Topics Related to Attitudes and Emotions

Common Stressors at Work

Reducing and Managing Stress

a) Primary Prevention Strategies

b) Secondary Prevention Strategies

c) Tertiary Prevention Strategies

d) Summary of Stress Intervention Strategies

Module No and Title 3: Justice, Diversity and Leadership in Organizations

The Concept and Approaches to Organizational Justice

The Meaning and Dynamics of Diversity

The Concept of Leadership

a) Conceptual Distinctions

b) The Problem of Defining Leadership Outcomes

c) Negative Leadership Outcomes: The Destructive Leader

d) Leader versus Manager or Supervisor

e) Leader Development versus Leadership Development

f) The Motivation to Lead

Traditional Theories of Leadership

a) The "Great Man" Theories

b) The Trait Approach

c) The Power Approach to Leadership

d) The Behavioral Approach

e) The Contingency Approach

f) The Consequences of Participation: The Vroom–Yetton Model

New Approaches to Leadership

a) Leader–Member Exchange (LMX)

b) Transformational Leadership

c) Authentic Leadership

d) The Charismatic Leader

Module No and Title: 4: Teams, Dynamics, Development and Changes in Organization

.1. Definitions, Types and Input–Process–Output Model of Team

a) Effectiveness

b) Team Inputs

c) Team Processes

d) Team Outputs

Special Issues in Teams

a) Team Appraisal and Feedback

b) Team Roles

c) Team Development

d) Team Training

e) Cultural Issues in Teams

Conceptual and Theoretical Foundations of Organizations

a) Organizations and People

b) Organization as Integration

c) Theories of Organization

I .4. Social Dynamics of Organizations

a) Climate and Culture

b) Climate and Culture from the Multicultural Perspective

c) An Application of Culture and Climate: Safety

d) Socialization and the Concept of Person–Organization (P–O) and

Person–Job (P–J) Fit

I.5. Organizational Development and Change

a) Organizational Change

b) Examples of Large-Scale Organizational Change Initiatives

c) Emerging Commonalities among Organizational Interventions

Books for Reading:

1. Frank J. Landy, Jeffrey M. Conte. (2014) Work In the 21 st Century, An
   a. Introduction to Industrial and Organizational Psychology, 6th Edition John
2. Wiley & Sons, Inc. America.

Books for References:

1. Davis, K & Newstrom, C.W (1993): Organizational Behavior: Human
2. Behavior at work, McGraw -Hill.
3. Robbins, Stephen, P. (2000): Organizational Behavior, 9th edition, Prentice-
4. Hall of India. Pvt. Ltd, New Delhi.
5. Robbins, Stephen, P. : Organizational Behavior, 14th edition, Pearson
6. Education Singapore, Pvt. ltd.
7. Sekaran, Uma (1989) : Organizational Behavior,- Text and cases, Tata
8. McGraw– Hill Publishing Company, New Delhi
9. ∟ Suggested Research Journal
10. Industrial and organizational psychology
11. Journal of Organizational Behavior
12. Research in Organizational Behavior
13. Journal of Occupational and Organizational Psychology
14. Journal of Group & Organization Management (GOM)
15. Journal of Leadership & Organizational Studies
16. Journal of Gender, Work and Organization
17. Journal of Work, Employment and Society (SAGE)
18. ⅃ Journal of Review of International Organizations

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COURSE CREDIT: - 4   **COURSE CONTACT HOUR:-60**

Course Objectives:-

1) To describe what sport psychology is and what sport psychology do.

2) To understand personality through its structure and Major approaches to personality.

3) To develop achievement Motivation and compitativeness in sports Person.

Course Outcome

1) Student understand nature of Sports Psychology in Everyday life

2) Student able to learn about their personality in sports and play.

3) Student can develop motivations as a sport person in their sporty life

4) Student can learn how to become self-confidant and be a better performer in sport

                                                                                Cont Hours: 15

Module No and Title: 1 Introduction of Sport Psychology

1.1: History of sport psychology.1.2:

What is sport psychology?

1.3: Role of sport psychology.

1.4: Scope of sport psychology.

                                                                                Cont Hours: 15

Module No and Title: 2 Personality And Sport

2.1: What is personality. Nature and Definition.

2.2: Why study personality in sport?

2.3: Approaches of personality.

2.4: Importance of exercise.

2.5: Assessment of personality.

Module No and Title: 3 Motivation   **Cont Hours:** 15

3.1: Motivation: Nature and Definition

3.2:   Motivating sportspersons.

   : Building team Morale Bio-rhythms.

: Training of sport person.

: Developing achievement motivation and competitiveness in sports persons.

Cont Hours: 15

Module No and Title: 4 Self Confidence & Performance

: What is the self-confidence?

: Assessing and Building self-confidence.

4.3: Factors affecting performance of sports

persons.1: Audience Expectations.

2: Environmental conditions.

3: Media.

4: Self-Presentation and Performance Pressure.

Books for Study:

1) Horn T.S. (Ed). (2002). Advances in sport Psychology. USA: Human Kimetics.Publishers.

2) Weinberg.R.S. &Gould.D. (2003). Foundations of sport and Exercise psychology. USA: Human Kinetics Publishers. INC.

Books for Reference :

1) ़ .क ़ ऱ ़ न न न ग ़ ,ं .य ग त ज ध ळ & य ़ त ग य क ळ ़ .(२ ० १ ६).उ ऩ य ज ज त

म ऩ स ळ स ऩ .ळ त ऩ ब ़ र क ़ ळ न .ज ल ग ळ ़ म ह ़ ़ ़ .

2) ़ .म .न .न ़ स ़ न ़ & ़ .स ळ ़ त ऩ ळ ़ ़ .(१ ९ ९ ३).उ ऩ य ज ज त म ऩ स ळ ऴ ळ य र ़ ़ ़ ट ऩ न स ़ र म ट ़ इ न ज ़ ़ र ळ स न ़ ण ़ ३ ८ .

3) ऩ .म .आ ल ़ ग ळ क ़ .(१ ९ १ ४).ं ग त ़ ़ ़ म ऩ स ळ स ऩ .क ़ ट न ़ ट ़ र क ळ न ़ ण ़ ३ ० .

CBCS MA PART I Semester II

HCP 2.1
TITLE OF THE COURSE – Field Work-I
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PROJECT WORK: Guidelines

1. **Project Based Learning** is the application of the comprehensive methodology to inculcate the spirit of strategizing industry operations in a real-time environment

2. **The project work aims to** foster students with an opportunity to develop conceptual, analytical, communication and interpersonal skills**.**

3. **Selection of Project work Topic**
   3. The choice of topic for the project work and the approach to be adopted needs to be based on the field of specialization.
   4. It is important to distinguish between „project work topic" and „project work title". The topic is the specific area that you
   ☐ wish to investigate. The title may not be decided until the project work has been written so as to reflect its content properly.

4. **The project topic should conform to the following:**
   Related to one or more of the subjects or areas of study within the core program and specialization;
   Clearly focused so as to facilitate in-depth study, subject to the availability of adequate sources of information and to your own knowledge; of value and interest to you and your personal and professional
   Development.

5. **Planning the Project work**
   Selecting an original and relevant topic for investigation.
   Establishing the precise focus of your study by deciding on the aims and objectives of the project work, formulating questions to be investigated, deciding the sampling techniques and statistical techniques to sum up the findings of the study. Consider very carefully what is worth investigating and itsfeasibility.
   Drawing up initial project work outlines considering the aims and objectives of the project work. Workout various stages of project work

6. **Important instructions and in form action on Project Submission:**

   ☐The title of the project should not be more than **12 words in length**. The complete Project Work should be submitted in **15000-30000 words**. You are supposed to submit project work along with extended abstract and project guide resume simultaneously.
   ☐You must be careful about Originality and Relevance of Project Topic to avoid Project Rejection at a later stage.
   Therefore, you are required to submit a plagiarism report acknowledging **85% originality** Project Guide
   ☐must be Post Graduate with a minimum of 10 years of work experience Ensure to include signed &
   ☐scanned copies of following essential certificates

   From Project Guide: Certifying bona fides of project work carried out under his/her supervision
   From a student: Certifying that submitted project work is an original piece of work and has not been submitted earlier
   ☐ You will receive an intimation through a registered email address, on successful uploading of project work report.
   Viva Questions will be accessible after uploading Project Work.
   Project submission will be accepted only after the Project file is uploaded and Viva questions are answered generally, it takes four to six weeks to complete the process of evaluation of project work.

   Writing the Project Work:
   Please submit the extended abstract of the project work in **3000-5000words.**

The extended abstract should case the following aspects:

(g) The abstract for **500-1000words**

An abstract is an overview or a brief summary of project work, which helps the reader to ascertain the purpose of carrying the project work. It acts as a stand-alone entity for the complete project work

(h) The study hypotheses (null or alternative hypotheses, if applicable)

(i) Literature Review

Literature review (secondary sources) is the evaluation of substantive findings and theoretical and methodological contribution to a particular topic. It is a critical analysis of the previous research conducted in a particular area.

(j) Research methodology adopted

Research methodology is the implementation of methods or techniques to efficiently solve a research problem, which helps the reader to assess the validity and reliability of the study.

Research methodology constitutes of:

Research Design: Descriptive, Conclusive, Causal or Exploratory Sampling

Technique: Probability or Non-Probability

Data Collection: Tools used for data collection (for eg: questionnaire, survey, etc) Data Preparation:

Classification and Tabulation of data

Data Analysis: Hypotheses Testing

(k) Results (theoretical orempirical)

The findings of the study are to be summarized as:

Data interpretation: Interpret and elaborate findings of the research Recommendation:

Suggestions based on critical analysis of the results

(l) Implications of theory and practice

The total size of the project document should not exceed 2MB. Portable document format (.pdf), Microsoft Word (.doc,.docx)

Figures, graphs. Tables, Appendices and References should follow the **American Psychological Association (APA) Style guide, 6thedition.**

Mention the **sources** of any images, tables, and figures cited or presented

Include a page header known as "running head at the top of every page

Use Font: Times New Roman; Font size: **12**; Double-spaced; 1-inch (2.5cm) margin all around

Use American spellings („program" not „programme"; „center" and not" Centre"

Use "z" spellings instead of "s" spellings (recognize, organize, summarize)

7. Project Submission:

Complete Project submission includes three stages

(iv) Extended Abstract along with Guide Resume

(v) Project Report Submission along with Plagiarism Report

(vi) Answer Viva Questions

8. Viva Submission:

i. Viva Questions will include 5 descriptive questions related to your specific project.

ii. Viva questions are mandatory for the final project submission.

9. Evaluation Scheme:

IMPORTANT NOTE

Students must submit all Project Components (Extended Abstract, Guide Resume, Project Report, Plagiarism Report, and Viva Answers).

In case of incomplete details, students will be asked to **resubmit** all project documents which would lead to delinquency in Academic Completion and Extension Fee.

Plagiarism check would be conducted before evaluation, for all the Project Report submissions. If any report exceeds 15% plagiarism, the same would be rejected and the student will undergo the process of resubmission as per rule

Cover page for M.A. Thesis

M.A.THESIS

WRITE HERENAMEO FTHECANDID ATE

"Write here title of the thesis in all upper-case (capital letters) witha „Centre" alignment. Place this title on the upper central part of the cover with sufficient margin from top and both sides. Use a font size suitable to the length of the title."

A THESIS SUBMITTED TO
Name of the UNIVERSITY

FORAWARDOFDEGREEOFMA
STEROFARTS(M.A.)
INTHEFACULTYOFHUMANITI ES

SUBMITTEDBY
………………………………….

UNDERTHEGUIDANCEOF
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RESEARCHCENTRE
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MONTH&YEAROFSUBMISSION

MONTH,
YEAR

TITLE OF THE COURSE –- Practicum Test- Psychological Assessment

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COURSE CREDIT:-10   **COURSE CONTACT HOUR:-120**

Course Objectives:-

5) To acquaint the students with the different areas of experimentation in psychology

6) To enable students to skills of conducting experiments in psychology

7) To enable students to analyze and report data of experiments

8) To help students to understanding skills in presentation of seminar.

Course Outcomes:

After completion of this course the students will be able:

4) to know the method of conducting psychological experiment

5) to learn application of cognitive process in experiment.

6) To know designing a psychological experiment.

7) to write report on psychological experiments

8) to make students aware about various experimental design

* Cognitive Process (Any Three)   **(30 Marks)**

4) Concept Formation

5) Illusion

6) Phi-phenomenon

13)   Division of Attention

14)   Localization of sound

15)   Depth Perception

16)   Time Perception

17)   Problem solving (wiggly Blocks/Heart - Bow)

18) Perceptual Defense

19) Rational Learning

20) Stroop Effect

* Learning and Memory (Any Three) (30 Marks)

3) Forgetting

4) Memory for associated and unassociated fear of words

3)Effect Mnemonic strategies

11) Conditioning (Watson Hand with draw/verbal conditioning)

12) Retroactive or Proactive Inhibition (Interference)

13) Maze Learning (Bolt-Head)

14) pair associate learning

15) Short term Memory/long term memory

16) Long-term Memory16

17) Bilateral Transfer mirror tracing

* Motivation / Emotion (Any Two) (20 Marks)

7) Judging emotions from facial expression

8) Effect on Anxiety on performance

9) Knowledge of Result

10) Good setting behaviour

11) Zeigarnik effect

12) Determining aspiration

levelSection B (CA) (20

Marks)

• Essay Writing: From following topics any one topic randomly assigned for

Essay writing in internal assessment to each student by course teacher. (15 Marks)

v. Evolution of Perception

w.Evolution of Emotions

x. Evolution of motivation

y. Evolution and Consciousness

z. Evolution Child Psychology

aa. Evolution Social Psychology

bb. Evolution of Abnormal Behaviour

cc. Evolution Clinical Psychology

dd.   Evolution Personality Theories

ee.   Evolution Psychotherapy

ff. Evolution Developmental Psychology

gg.   Evolution Applied Psychology

hh.Evolution of Sport Psychology

ii. Biopsychology

jj.   Evolution criminal psychology.

kk.   Evolution of Attention

ll. Evolution of Memory

mm. Stress Management

nn.   Time Management

oo.   Communicational Skills

pp.   Counseling

Skillsprevention of

MR

z. Cognitive Neuroscience

aa.   Family Counselling17

bb.   Evolution of Educational psychology

z. evolution of Forensic psychology

• Tutorials : On prescribed Experiments in syllabus   (10 Marks)

Distribution of Marks
Section A –
Record Book (Journal) – 20
Prcedure-15
Report Writing – 25
Viva- 20
 Total Marks – 80

Books for study –

7) Mohsin S.M. (1975) Experiments Psychology – orient Longman

8) Tinkar M.A. & Rusself W.A. – Introduction to methods in Psychology Appleton

9) Jolata S (1962) – Experiments in Psychology – Asia Publishing House

10)   Galloti K. M. (2004) – Cognitive Psychology in and out of the laboratory

U.S.A.Thomson Wordsworth.

11)   Stenberge R.J. (1990) - Cognitive Psychology N.Y. Harcourt Brace college Pub.

12)   Munn (1984) – Experimental Psychology Journal.

Book for Reference –

4) Baker and Taylor (1960) – Laboratory experiments in Psychology

5) Snodgrass (1985) – Human experimental Psychology

6) Woodworth and schools berge (1982) – Experimental Psychology.

Equivalence of Old and New Courses

Old		
Semester	**Code**	**Title of the Paper**
First		
Subject		Hard core Compulsory Paper
HCT	1.1	Applied Cognitive Psychology
HCT	1.2	Research Methodology in Psychology
HCT	1.3	Practicum/ Experiments – Cognitive Process
	DSC	DSE (Discipline Specific Elective)
		A (Any One) Optional
SCT	1.1	Personality Psychology
SCT	1.2	Neuro psychology
		Soft Core B (Any One) Optional
SCT	1.1	Advanced Social Psychology
SCT	1.2	Educational Psychology
		Semester Total
Second		
Subject		Hard core Compulsory Paper
HCT	1.1	Physiological Psychology
HCT	1.2	Statistics in Psychology
HCT	1.3	Practicum/ Tests – Psychological Assessment
		DSE (Discipline Specific Elective)
		Soft Core A (Any One) Optional
SCT	1.1	Domains of Personality
SCT	1.2	Psychology of Emotion
		Generic Elective (Any One)
OET	1.1	Life Span Development
OET	1.2	Sports Psychology

Semester	Code	Title of the Paper
New		
First		
Subject		**Hard core Compulsory Paper**
HCT	1.1	Applied Cognitive Psychology
HCT	1.2	Research Methodology in Psychology
HCT	1.3	Applied Social Psychology
		Soft core (Any One)
SCT	1.1	Personality Psychology
SCT	1.2	Neuro psychology
		Practical/field work
HCP	1.1	Field Work -I
SCP	1.2	Practicum Expt. Cognitive Process
	1	**Tutorial**
		Total
Second		
Subject		**Hard core Compulsory Paper**
HCT	2.1	Physiological Psychology
HCT	1.2	Statistics in Psychology
		Soft Core B (Any One) Optional
SCT	2.1	Domains of Personality
	2.2	Psychology of Emotion
		Open elective (Any One)
OET	2.1	Organization Psychology
OET	2.2	Sports Psychology
		Practical/field work
OET	1.2	Field Work -I
		Practicum Test- Psychological Assessment
	1	**Tutorial**

Nature of Question Paper

As per the rule of Faculty of Humanities and Social Sciences