

**MAHARASHTRA STATE BOARD OF VOCATIONAL EDUCATION EXAMINATION, MUMBAI -51**

1	Name of Syllabus	<b>C. C. In Basic Course in Beauty Culture (405108)</b>																																								
2	Max.Nos of Student	25 Students																																								
3	Duration	6 Month																																								
4	Type	Part Time																																								
5	Nos Of Days / Week	6 Days																																								
6	Nos Of Hours /Days	4 Hrs																																								
7	Space Required	Practical Lab = 200 Sq feet Class Room = 200 Sq feet TOTAL = 400 Sq feet																																								
8	Entry Qualification	10 <sup>th</sup> appeared																																								
9	Objective Of Syllabus/ introduction	To train student in beauty work																																								
10	Employment Opportunity	He can get employment in Beauty Establishment.																																								
11	Teacher's Qualification	Diploma / Certificate in related course																																								
12	Training System	<b>Training System Per Week</b>																																								
		Theory		Practical		Total																																				
		6 Hours		18 Hours		24 Hours																																				
13	Exam. System	<table border="1"> <thead> <tr> <th>Sr. No.</th> <th>Paper Code</th> <th>Name of Subject</th> <th>TH/PR</th> <th>Hours</th> <th>Max. Marks</th> <th>Min. Marks</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>40510811</td> <td>Beauty Culture</td> <td>TH-I</td> <td>3 hrs</td> <td>100</td> <td>35</td> </tr> <tr> <td>2</td> <td>40510821</td> <td>Skin Care &amp; Nail Treatment</td> <td>PR-I</td> <td>6 hrs</td> <td>200</td> <td>100</td> </tr> <tr> <td>3</td> <td>40510822</td> <td>Epilating and Depilation of Hair Removal</td> <td>PR-II</td> <td>3 hrs</td> <td>100</td> <td>50</td> </tr> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td>400</td> <td>185</td> </tr> </tbody> </table>						Sr. No.	Paper Code	Name of Subject	TH/PR	Hours	Max. Marks	Min. Marks	1	40510811	Beauty Culture	TH-I	3 hrs	100	35	2	40510821	Skin Care & Nail Treatment	PR-I	6 hrs	200	100	3	40510822	Epilating and Depilation of Hair Removal	PR-II	3 hrs	100	50						400	185
Sr. No.	Paper Code	Name of Subject	TH/PR	Hours	Max. Marks	Min. Marks																																				
1	40510811	Beauty Culture	TH-I	3 hrs	100	35																																				
2	40510821	Skin Care & Nail Treatment	PR-I	6 hrs	200	100																																				
3	40510822	Epilating and Depilation of Hair Removal	PR-II	3 hrs	100	50																																				
					400	185																																				

## **SYLLABUS – Basic Beauty Culture**

### **THEORY – I Beauty Culture**

#### **1. Hygiene**

Maintaining personal hygiene  
Keeping salon hygienic  
Working in hygienic conditions

#### **2. Sanitation And Sterilization**

Various methods of sanitation and sterilization

#### **3. Client Consultation**

Having conversation with clients  
Understanding their requirements.  
Suggesting correct services.

#### **4. Contra Indications**

Learning to be avoided skin conditions  
Study of various skin problems like allergies, rashes, etc.

#### **5. Advantages and disadvantages**

Study of advantages and disadvantages of Facials, manicure, Pedicure, waxing,  
Threading, Bleaching.

#### **6. uses of steam**

Contra Indications  
Vaporizers  
Hot Towels

### **PRACTICAL – I SKIN CARE AND NAIL TREATMENT**

#### **1. Facial – Manual methods of Cleansing, Toning,**

- a. Massage – Classification of massage movements, Contra indications.
- b. Mask Therapy – Setting mask preparations and ingredients, non setting mask \_  
preparations and ingredients, contra indications

- c. Manicure – caring for hands. Nail work – cleaning shaping cutting of nails  
and hand massage , Nail paint application , contra indications

#### **2. Pedicure – Caring for Feet, Nail work, Foot Massage, nail paint application, dead skin removal, contra indications.**

## PRACTICAL – II (Superfluous hair removal)

- 1) Waxing: - Types of wax :-
  - 1) Hot wax-waxing
  - 2) Cold wax-waxing
  - 3) Hair removing cream
  
- 2) Bleaching :-
  - 1) Preparation of client and trolley for bleaching.
  - 2) Technique of preparation of bleach pack.
  - 3) Allergy test.
  - 4) Use of various types of Bleach
    - 1) Cream Bleach: - Oxy bleach cream, Herbal bleach cream, with the help of activator.
    - 2) Powder Bleach: - Wena bleach powder, with the help of cream Hydrogen Peroxide.
  
- 3) Threading :-
  - 1) Measuring the brow for correct length and arch.
  - 2) Procedure for giving an eyebrow shaping.
  - 3) Upper lip threading technique.
  - 4) Side Block threading technique.
  - 5) Forehead threading technique etc.

### List of tools, equipments and furniture.

1	Facial sawrna	04 Nos
2	Galvanic unit machine	02 Nos
3	Pack brush	15 Nos
4	Plastic bowls	12 Nos
5	Vibromassager	4 Nos
6	Hot and Cold opener	02 Nos
7	Manicure set	12 Nos
8	Foot scraper	12 Nos
9	Nail filer	12 Nos
10	Manicure Bowls	12 Nos
11	Pedlcure Bowls	06 Nos
12	Wax heater	06 Nos
13	Wax application	04 Nos
14	Black head opener	12 Nos
15	Geyser 25 list	1 Nos

### REFERENCE BOOK

Deklane Roop Maze by Archana Narkhede.

Beauty Recipes by Urvashi Dave.

\*\*\*\*\*