

# SYLLABUS

-: COURSE NAME :-

ADVANCE CERTIFICATE COURSE IN HAIR SKIN & MAKE UP

- 1) Beauty Culture
- 2) Hair Structure
- 3) Skin Structure
- 4) Make Up Techniques

Course Fee :- 8000/-

Course Duration :- 6 Months

Minimum Qualification :- 7<sup>th</sup> Pass/Fail



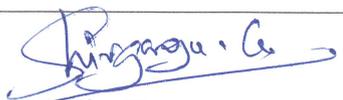
  
अध्यक्ष  
आकाश असोसिएशन फॉर रिसर्च  
अँड डेव्हलपमेंट, सोलापूर.

**-: COURSE NAME :-**

**Advance Certificate Course In Hair Skin & Make Up**

1) Name of Course	Advance Certificate Course in Hair Skin & Make Up
2) Max. No. Students	20
3) Duration	6 Months
4) Course Fee	8000/-
5) Course Type	Part Time
6) No. of Days per Week	5 Days
7) No. of Hours per Day	1 Hrs.
8) Space Require	One Theory Class Room One Practical Room
9) Minimum Qualification	7 <sup>th</sup> Pass / Fail
10) Objective of Syllabus	To get knowledge of Hair, Skin, Make-up to Cut Hair & Handling the Customer.
11) Outcomes from Syllabus	How to get knowledge about open a Beauty Parlour and outside Jobs in Parlour Industry.
12) Teachers Qualification	Certificate Make-up Artist & Hair Stylist.



  
अध्यक्ष

आकाश असोसिएशन फॉर रिसर्च  
अँड डेव्हलपमेंट, सोलापूर.

13) Teaching Scheme			Clock Hours / Week		
Sr. No.	Subject	Sub-Code	Theory	Practical	Total
1	Introduction of Beauty Therapy	AHSM 1	0.30 Hrs.	0.30 Hrs.	1 Hrs.
2	Hair Cut & Hair Styling	AHSM 2	0.30 Hrs.	0.30 Hrs.	1 Hrs.
3	Skin Care	AHSM 3	0.30 Hrs.	0.30 Hrs.	1 Hrs.
4	Make-Up	AHSM 4	1.0 Hrs.	1 Hrs.	2 Hrs.
				Total	5 Hrs.

14) Examination Scheme

Final Examination will be based on syllabus of both years.

Paper	Subject	Subject Code	Theory			Practical			Total	
			Duration	Max	Min	Duration	Max	Min		
1	Beauty Culture	AHSM1	4 Hrs.	20	08	8 Hrs.	80	25	100	40
2	Hair Structure	AHSM2	4 Hrs.	20	08	8 Hrs.	80	25	100	40
3	Skin Structure	AHSM3	4 Hrs.	20	08	8 Hrs.	80	25	100	40
4	Make-Up Techniques	AHSM4	4 Hrs.	20	08	8 Hrs.	80	25	100	40
			Total	220	88		180	72	400	160

Note : Combine Passing (Both & Practical)



*Pinganga. G.*  
अध्यक्ष  
आकाश असोसिएशन फॉर रिसर्च  
अँड डेव्हलपमेंट, सोलापूर.

## COURSE NAME

### Advance Certificate Course In Hair Skin & Make Up

#### PAPER – I

#### Beauty Culture

#### UNIT – I

#### Personality Grooming and Hygiene

Theory	Practical
Basic of good grooming	Group discussion
Care of yourself	Personal grooming for professionals
Care of your hair, nails	
Wardrobe planning & Jewelry	

#### UNIT – II

#### Sterilization & Sanitization

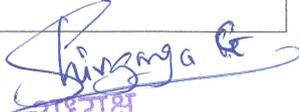
Theory	Practical
Sterilization methods	Practice in using of all equipments used for
Chemical infection control method	Sterilizing & sanitizing
Sanitizers	

#### UNIT – III

#### Professional Ethics

Theory	Practical
A Professional attitude towards clients & colleagues	Personal grooming for professionals
Communication Skills	



  
अध्यक्ष  
आकाश असोसिएशन फॉर रिसर्च  
अँड डेव्हलपमेंट, सोलापूर.

## UNIT – IV

### Client Consultation

Theory	Practical
Good communication	Client consulting & home care method.
Putting client at ease	
Home care	

### Reference Books

- 1) Soft Skills (Prashant Sharma)
- 2) Germ's Journey (Katie Laird and Sarab Younie)

## PAPER – II

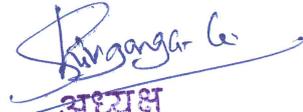
### Hair Structure

## UNIT – I

### Different Hair Types

Theory	Practical
Hair Growth Cycle	Identify / Define different hair types & hair problems
Texture elasticity	
Common scalp & hair problems	



  
अध्यक्ष  
आकाश असोसिएशन फॉर रिसर्च  
अँड डेव्हलपमेंट, सोलापूर.

## UNIT - II

### Shampooing / Deep Conditioning

Theory	Practical
Types of shampoos & conditioners	Client draping & giving basic shampoo
Safety Precautions	
Rinsing	

## UNIT – III

### Head Massage

Theory	Practical
Benefits of Massage	Procedure of Massage
Procedure of scalp	Trolley Setting
Care of different hair types	

## UNIT – IV

### Hair Cut

Theory	Practical
Hair Texture	How to hold scissors
Client consultation	Trolley Setting
Hair shaping instruments	Client Draping
Sectioning for Hair Cuts Angles	Practice in all types of hair cuts
Preparation of client	



*Ankangar-G*  
अध्यक्ष  
आकाश असोसिएशन फॉर रिसर्च  
अँड डेव्हलपमेंट, सोलापूर.

## UNIT – V

### Hair Styling

Theory	Practical
Client Consultation	Trolley Setting
Back combing on the head	Client Draping
Styling – Rolls	Practice in making different hair styles
Fixing of Extension	
After care	

## UNIT – VI

### Thermal Hair Styling

Theory	Practical
Equipments & Supplies used in thermal styling	Trolley Setting
Driers, Pressing comb electric Roller, Curling Tong, Crimping Machine	Client draping
Procedure	Practice in making different Hair Styles



*Kavanga-6*  
अध्यक्ष  
आकाश असोसिएशन फॉर रिसर्च  
अँड डेव्हलपमेंट, सोलापूर.

## UNIT – VII

### Chemical & Heena Dye

Theory	Practical
Contra indication	Trolley Setting
Preparation of application Techniques	Client Draping
Introduction of colouring	Practice in all types of hair colours
Types of colours	
Product used in coloring	
Mixing Ratio	
Client consultation	
Client Draping	
Procedure of global colour	
Procedure of Grey Coverage	
Product Knowledge	
Safety Precautions	
Contra Indications	

#### Reference Books :-

- 1) Hair Cutting – Basic advance book (Suvarna Gugle)
- 2) Charles Worthington – The Complete Book of Hair Styling (Charls Worthington)



*Akash Associates*  
अध्यक्ष  
आकाश असोसिएशन फॉर रिसर्च  
अँड डेव्हलपमेंट, सोलापूर.

PAPER – III

Skin Structure

UNIT – I

Types of Conditions of Skin

Theory	Practical
Types of skin	Condition of skin
Common skin problems	
Skin analysis	

UNIT – II

Facial Massage

Theory	Practical
Theory of Massage	Trolley Setting
Massage Techniques	Client Draping
Pressure Point	Practice in giving Massage according to types of skin
Safety & Precautions during Massage	
Benefits of Massage	

UNIT – III

Bleaching

Theory	Practical
Theory of Bleach	Ten Models of different skin tones
Types of Bleach	Trolley Setting
Method of Bleaching	Client Draping
Sensitivity Check	
Benefits	
Contra Indication	



  
अध्यक्ष

आकाश असोसिएशन फॉर रिसर्च  
अँड ट्रेनिंग, सोलापूर.

## UNIT – IV

### Eyebrow Shaping

Theory	Practical
Cleaning of Eyes	Eyebrow Shaping
Shaping of Eyebrows	Removing hair with threading
Safety Precautions	Removing Hair with Tweezers

## UNIT – V

### Temporary Removal of Superflous Hair

Theory	Practical
Method of Temporary hair removal	Trolley Setting
Safety & Precautions	Client Draping
Procedure of Superflous hair removal	Client Consultation
Benefits of contra indication	

## UNIT – VI

### Hands & Feet Services

Theory	Practical
Basic manicure and padicure	Preparation of client
Common nail problems	Tools Setting
Tools & equipments of manicure, padicure	Client consultation
Hands & feet massage	Procedure
Safety precautions	



*Shivangee G.*  
अध्यक्ष  
आकाश असोसिएशन फॉर रिसर्च  
अँड डेव्हलपमेंट, सोलापूर.

Reference Books :-

- 1) The Little Book of Skin Care (Charlotte Cho)
- 2) Beautified : Secrets for women to look great & feel fabulous.

PAPER – IV

Make- Up Techniques

UNIT – I

Make-Up

Theory	Practical
Purpose of Make-up	Trolley Setting
Tools of Make-up	Client Consultation
Colour Therapy	Practice in different types of make-ups
Application techniques	
Selection of colour as per skin	
Different types of Make-up	
Basic Facial Shapes	
Corrective Make-up	
Safety Tips.	

UNIT – II

Saree & Dupatta Draping

Theory	Practical
Different styles of Saree Wearing	Practice in variety styles of Sarees
Popular Styles	



*Shingange*  
अध्यक्ष  
आकाश असोसिएशन फॉर रिसर्च  
अँड डेव्हलपमेंट, सोलापूर.

### UNIT – III

#### Glam & HD Make-up

Theory	Practical
Purpose	Trolley Setting
Client Consultation	Client Draping
Selection of tools	Practice in types of skin
Product Knowledge	
Procedure	
Application Techniques	
Safety Precautions	
After Care	

### UNIT – IV

#### Bridal Make-Up

Theory	Practical
Client consultation	Trolley Setting
Application Techniques	Client Draping
Selection of Tools	Practice in types of skins
Safety Precautions	
After Care	

Reference :-

- 1) Bobbi Brown Make-up Manual.
- 2) Eye Make-up (Urvashi Dave)



*Singhale & Co*  
अध्यक्ष  
आकाश असोसिएशन फॉर रिसर्व  
अॅन्ड डेव्हलपमेंट, सोलापूर.