

## SYLLABUS

-: COURSE NAME :-

### CERTIFICATE COURSE IN BEAUTY THERAPY AND HAIR STYLING

- 1) Introduction of Beauty Therapy
- 2) Hair Cut & Hair Styling
- 3) Skin Care
- 4) Make Up

Course Fee :- 6000/-

Course Duration :- 6 Months

Minimum Qualification :- 7<sup>th</sup> Pass/Fail



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## Certificate Course in Beauty Therapy and Hair Styling

1) Name of Course	Certificate Course in Beauty Therapy and Hair Styling
2) Max. No. Students	20
3) Duration	6 Months
4) Course Fee	6000/-
5) Course Type	Part Time
6) No. of Days per Week	5 Days
7) No. of Hours per Day	1 Hrs.
8) Space Require	One Theory Class Room One Practical Room
9) Minimum Qualification	7 <sup>th</sup> Pass / Fail
10) Objective of Syllabus	To get knowledge of Hair, Skin, Make-up to Cut Hair & Handling the Customer.
11) Outcomes from Syllabus	How to get knowledge about open a Beauty Parlour and outside Jobs in Parlour Industry.
12) Teachers Qualification	Certificate Make-up Artist & Hair Stylist.
13) Teaching Scheme	Clock Hours / Week



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Sr. No.	Subject	Sub-Code	Theory	Practical	Total
1	Introduction of Beauty Therapy	BTHS 01	0.10 Hrs.	0.30 Hrs.	1 Hrs.
2	Hair Cut & Hair Styling	BTHS 02	0.10 Hrs.	0.30 Hrs.	1 Hrs.
3	Skin Care	BTHS 03	0.10 Hrs.	0.30 Hrs.	1 Hrs.
4	Make-Up	BTHS 04	1 Hrs.	1 Hrs.	2 Hrs.
				Total	5 Hrs.

14) Examination Scheme

Final Examination will be based on syllabus of both years.

Paper	Subject	Subject Code	Theory			Practical			Total	
			Duration	Max	Min	Duration	Max	Min		
1	Introduction of Beauty Therapy	BTHS 01	04 Hrs.	20	08	8 Hrs.	80	25	100	40
2	Hair Cut & Hair Styling	BTHS 02	04 Hrs.	20	08	8 Hrs.	80	25	100	40
3	Skin Care	BTHS 03	04 Hrs.	20	08	8 Hrs.	80	25	100	40
4	Make-Up	BTHS 04	4 Hrs.	20	08	8 Hrs.	80	25	100	40
			Total	220	88		180	72	400	160

Note : Combine Passing (Both & Practical)



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## COURSE NAME

### Certificate Course in Beauty Therapy And Hair Styling

#### PAPER – I

#### Introduction of Beauty Therapy

#### UNIT – I

#### Personality Development

Theory	Practical
Personal Grooming	Group Discussion
Hygiene Rules	

#### UNIT – II

#### Professional Ethics

Theory	Practical
Communication Skills	Personal Grooming for Professionals

#### UNIT – III

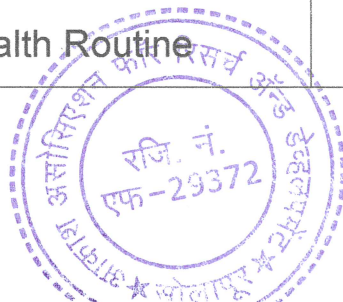
#### Sterilization and Sanitization

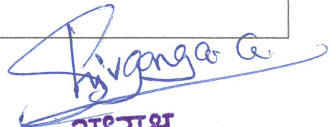
Theory	Practical
<ul style="list-style-type: none"><li>• Purpose</li><li>• Methods</li><li>• Safety Precautions / do's &amp; don'ts</li></ul>	Practice in using of all equipments used for sterilizing & sanitizing.

#### UNIT – IV

#### Personal Hygiene

Theory	Practical
<ul style="list-style-type: none"><li>• Food</li><li>• Regular Health Routine</li></ul>	Diet, Yoga



  
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## Reference Books

- 1) Soft Skills (Prashant Sharma)
- 2) Germ's Journey (Katie Laird and Sarab Younie)

## PAPER – II

### Hair Cut & Hair Styling

#### UNIT – I

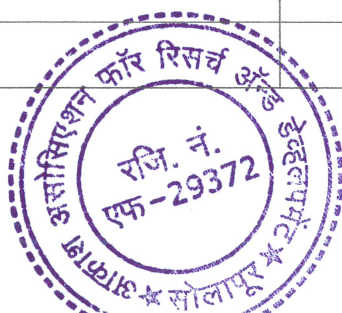
##### Shampooing / Conditioning, Rinsing

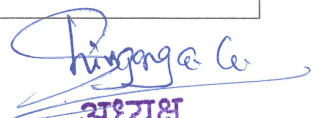
Theory	Practical
Head Massage	Trolley Setting
Purpose	Client draping
Method	Procedure of giving a shampoo conditioner & rinsing
Benefits	
Safety Precautions	

#### UNIT - II

##### Hair Cut

Theory	Practical
Client consultation	Trolley Setting
Hair Cut Techniques	Client Draping
Selection of tools & equipments	Practical in all types of basic hair cuts
Knowledge of types of basic hair cuts	
Safety Precautions	
After care	



  
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## UNIT – III

### Basic Hair Styles

Theory	Practical
Purpose	Trolley Setting
Selection of tools	Client draping
Client Consultation	Practice in making different hair styles
Knowledge of Hair Style techniques	

## UNIT – IV

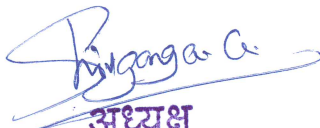
### Hair Colour

Theory	Practical
Purpose	Trolley Setting
Client consultation	Client Draping
Application of hair colours	Client consultation
Safety precautions	Practice in hair colours
After care	

### Reference Books :-

- 1) Hair Cutting – Basic advance book (Suvarna Gugle)
- 2) Charles Worthington – The Complete Book of Hair Styling (Charls Worthington)



  
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PAPER – III

UNIT – I

## SKIN CARE

### Threading and Tweezing

Theory	Practical
Purpose	Client Consultation
Client Consultation	Practice of eyebrow Shaping
Techniques	Upperlip, chin forehead
Contra Indication	Tweezing Methods
Contraction	
After Care	

UNIT – II

### Manicure, Padicure

Theory	Practical
Purpose	Trolley Setting
Selection of tools & equipments	Client Consultation
Product Knowledge	Practice for manicure and padicure
Procedure	
Safety Precautions	
Contraction	
After Care	



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### UNIT – III

#### Bleaching

Theory	Practical
Purpose	Trolley Setting
Product Knowledge	Client Consultation
Client Consultation	Patch Test
Patch Test	Procedure
Contra Indication	
Contraction	
Safety Precautions	
After Care	

### UNIT – IV

#### Facial

Theory	Practical
Purpose	Trolley Setting
Techniques of Massage	Practice in giving facials according to types of skin
Benefits of Massage	
Selection of tools & equipments	
Recognition of types of skin	
Safety Precautions	
After Care	



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## UNIT – V

### Epilation – Waxing

Theory	Practical
Safety & Precautions	Trolley Setting
Procedure of Super flous hair removal	Client draping
Benefits	Client Consultation
Contra Indication	

#### Reference Books :-

- 1) The Little Book of Skin Care (Charlotte Cho)
- 2) Beautified : Secrets for women to look great & feel fabulous.

## PAPER – IV

### Make- Up

## UNIT – I

### Basic Make-Up

Theory	Practical
Purpose	Trolley Setting
Method	Client draping
Selection of tools & equipments	Practice in basic Make-up
Client consultation	
Safety Precautions	
After Care	



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## UNIT – II

### Recognition of types of skin

Theory	Practical
Selection of correct colours	Practice in colour techniques
Cosmetics	
Colour Therapy	

## UNIT – III

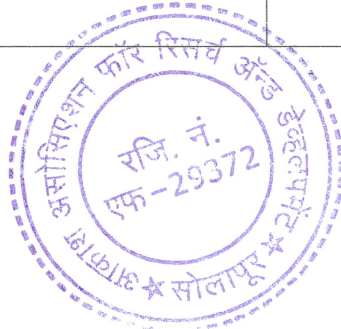
### Day & Evening Make-Up

Theory	Practical
Purpose	Trolley Setting
Client Consultation	Client Draping
Selection of tools	Practice in types of skin
Product Knowledge	
Procedure	
Application Techniques	
Safety Precautions	
After Care	

## UNIT – IV

### Bridal Make-Up

Theory	Practical
Client consultation	Trolley Setting
Application Techniques	Client Draping
Selection of Tools	Practice in types of skins
Safety Precautions	
After Care	



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## UNIT – V

### Saree & Dupatta Draping

Theory	Practical
Different Styles of Saree Wearing	Practice in Variety Styles of Sarees
Popular Style	

#### Reference :-

- 1) Bobbi Brown Make-up Manual.
- 2) Eye Make-up (Urvashi Dave)



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