

Health Centre's Active Participation in Kreedha Mahotsav 2019

23rd Interuniversity Sports Meet- KREEDA MHOTSAV

**23rd Edition of Inter University Sports Meet-
Kreedha Mahotsav** was hosted by our university-
Punyashlok Ahilyadevi Holkar Solapur University,
Solapur between

26th December-30th December 2019

**Apart from the mandatory five games(PAHSUS
decided to add **Handball** as an additional game
in the said competition**

23rd Interuniversity Sports Meet- KREEDA MHOTSAV

Total 20 universities participated in this event-

Agricultural Universities - 4

Non Agricultural Universities - 12

Open Universities - 2

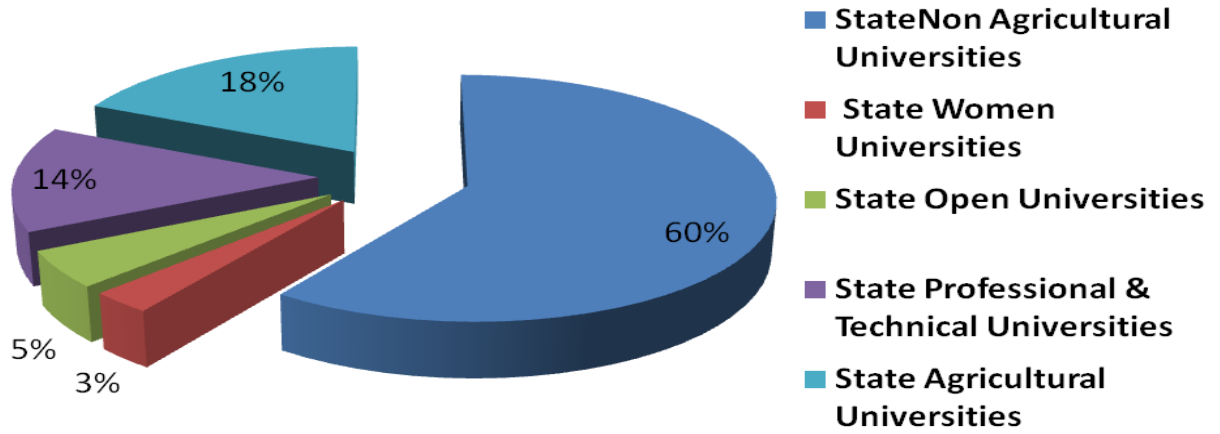
Women University- 1

Professional Universities -2

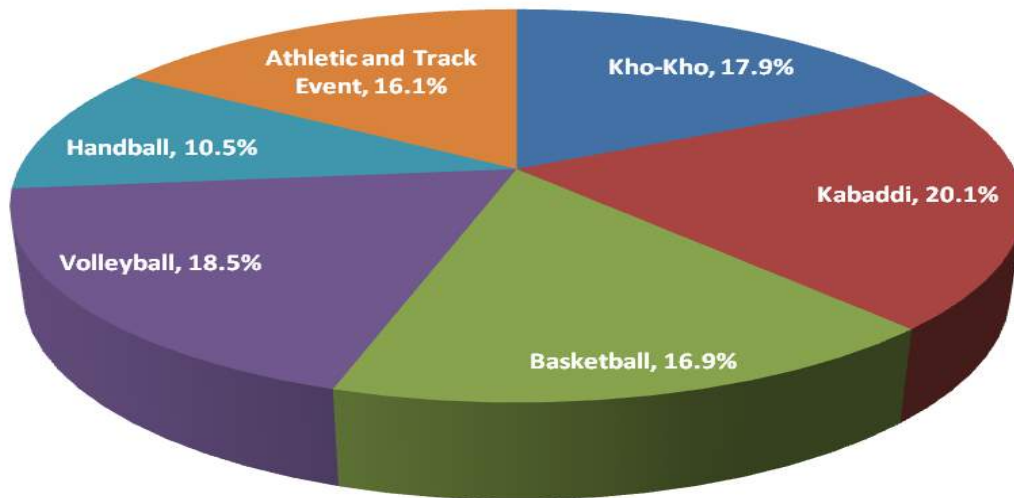
**Total 2264 sports persons participated in this
event.**

Out of these 51.5% (1167) were **Males and 48.5%
(1097) were **Females**.**

University wise distribution of participants



Sports wise Distribution of Participants



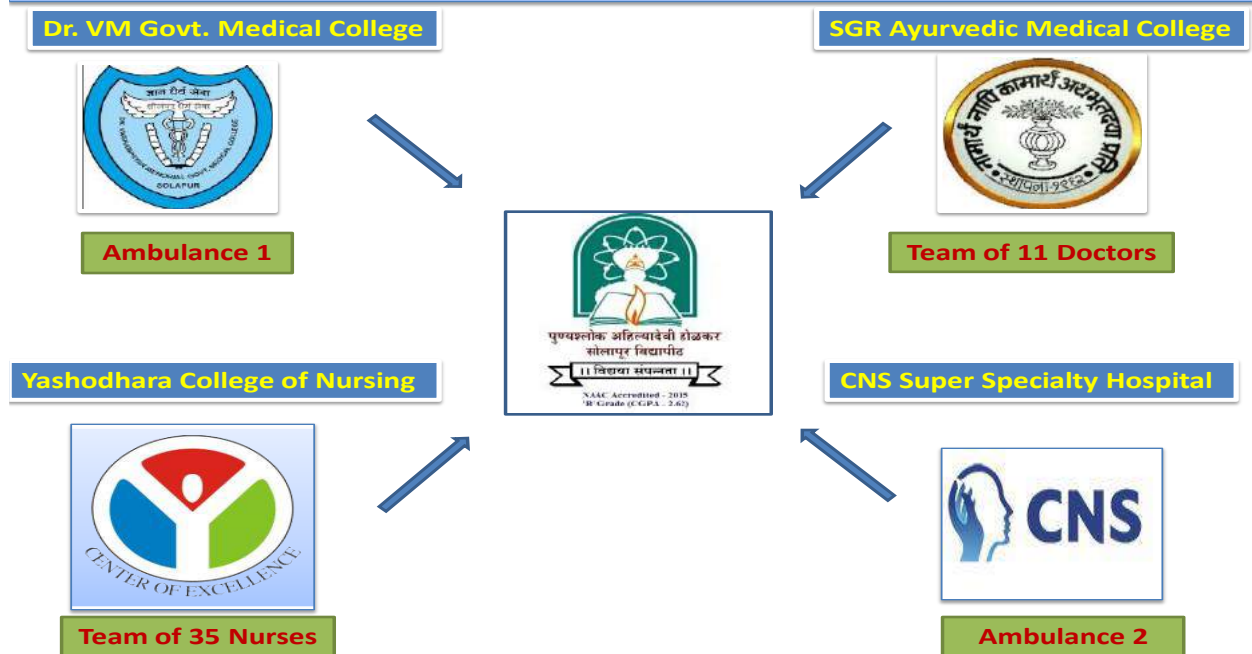
Role of Medical Aid Committee

- Planning for provision of medical care
- Budgetary recommendations for the medical care
- Designing SOPs for the provision of medical care
- Decision about purchasing surgical material, medicines and equipments

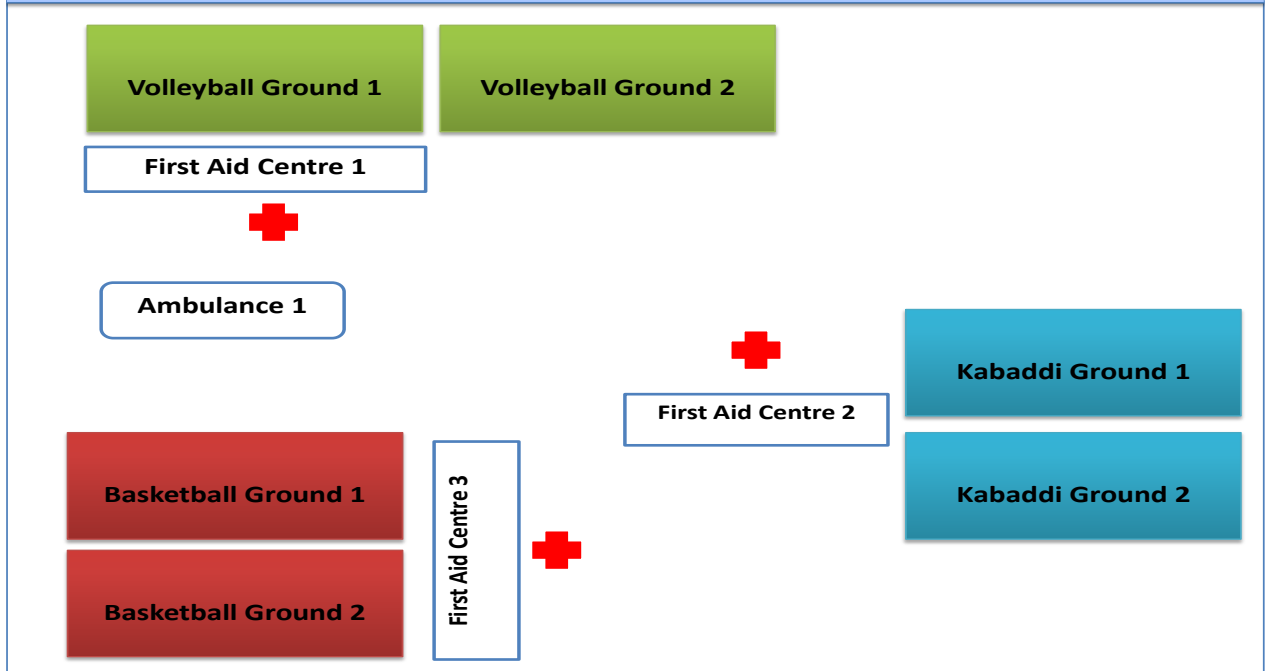
Total 3 meetings were held before the tournament.

Budget of Rs. 3 lacs was approved and recommended to executive council and was sanctioned

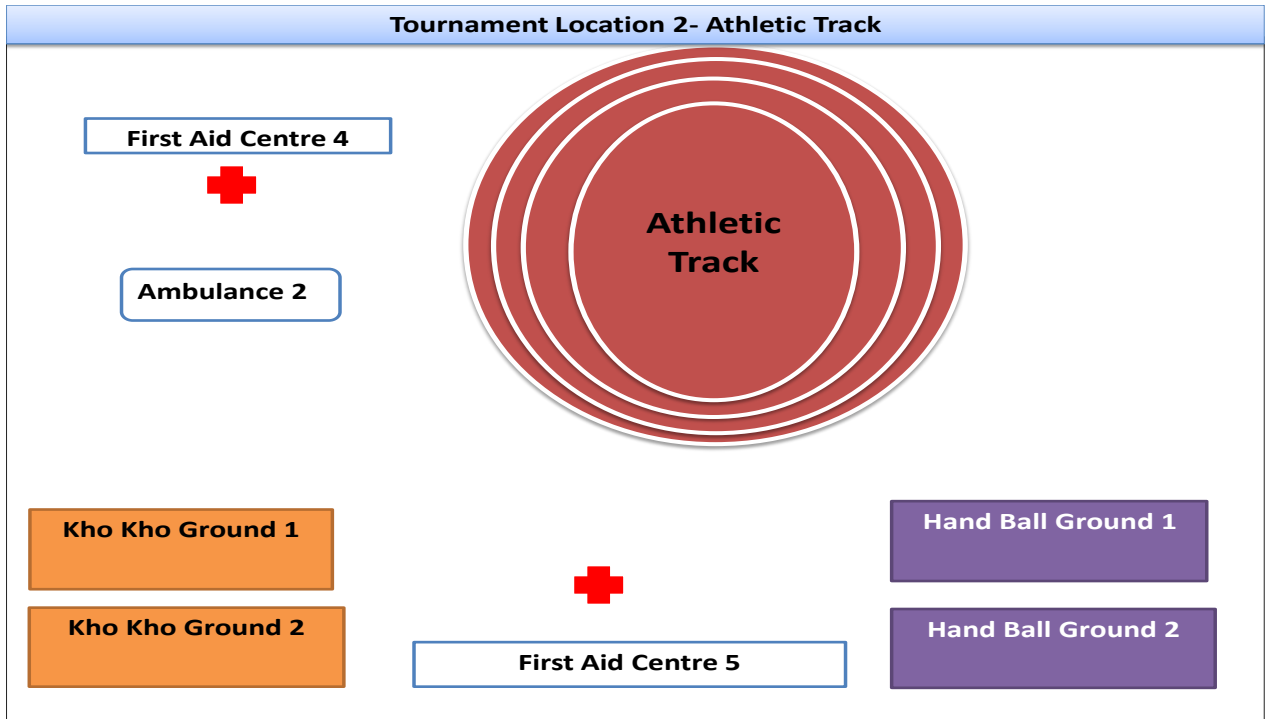
PPP Model for Collaborative Medical Care



Tournament Location 1- University Main Campus Ground



Tournament Location 2- Athletic Track



On Field Experience –Sports Injuries

- ❖ During the tournament period we recorded **533** patients at the first aid centers and health center.
- ❖ Majority patients were having minor injuries such as abrasion, contusion, sprain, strain and mild dehydration were treated on the ground only.
- ❖ Some patients needing intravenous fluid support were sent to university health centre where they received day care and send to the hostels again.
- ❖ Only **4** patients needed hospitalization out which 1 was having gastric infection and moderate dehydration, 1 was having renal colic and rest 2 had fractures of elbow and ankle respectively.
- ❖ Patients of fractured bones were belonging to Kabaddi and kho-kho

Innovative Practices

- **AROGYBHAN:NIRAMAY KREEDAJIVAN-** Booklet for all participants- Articles on various topics related to sports such as Sports injuries, psychology, yoga, fitness, sports nutrition etc.
- **Body Fat and Mass Analysis-** Checking of all parameters such as BMI. Body Fat %,Water% etc.- 500 Sports Persons checked their BMI
- **Acupressure Treatment for Sports Injuries-** Alumni of School of Allied Health Science- 300 sports persons received acupressure treatment
- **HIV AIDS Awareness Rally** on Day 1

AIDS Awareness Rally on Inaugural Day of Kreedaa Mahotsav Dec 2019



Inauguration of booklet- [AROGYBHAN: NIRAMAY KREEDA JIVAN](#) at hands of Honorable Chancellor Sir



First Aid Centre at Sport Ground







Sportsman getting Acupressure Treatment at First Aid Centre



Felicitation of Medical Officer at the hands of Director of Sports and Physical Education





२३ वी महाराष्ट्र राज्य आंतरविद्यापीठ क्रीडा स्पर्धा

क्रीडा महोत्सव-२०१९

(दि. २६ डिसेंबर - ३० डिसेंबर २०१९)

आयोजक



**पुण्यश्लोक अहिल्यादेवी होळकर
सोलापूर विद्यापीठ, सोलापूर**



आरोग्य भान - निरामय क्रीडा जीवन

