

**PUNYASHLOK AHILYADEVJI HOLKAR
SOLAPUR UNIVERSITY, SOLAPUR**



Name of the Faculty : Humanities

Syllabus : Psychology DSC- I / II

Name of the course :BA Part - I

With effect from :June 2022 (CBCS Pattern)

Punyashlok Ahilyadevi Holkar Solapur University, Solapur

Structure of BA Part-I Psychology (opt) w.e.f. June 2022 (CBCS Pattern)

Class	Sem	Paper No.	Title of Paper	Unit		Marks (Theory)		Credits (Theory)	Marks (Tutorial)		Credits (Tutorial)	Total Credits
				L	T							
BA-I	I	I	General Psychology	4	1	40	16	03	10	04	01	04
	II	II	Modern Psychology	4	1	40	16	03	10	04	01	04

BA

Semester – I/II

Psychology Paper – DSC-I/II

(w.e.f June 2022, CBCS Pattern)

1) Preamble :

Psychology is a behavioral science. It is introduced as an elective subject for the B.A. course. As a discipline, Psychology specializes in the study of experiences, behaviors, mental and cognitive process of human beings within a social, cultural and historical context. This course includes the basic ideas, concepts, principles and research methods in Psychology so as to enable the learners to understand themselves better.

The course deals with Psychological knowledge and creates interest in students' learning Psychology. The study of Psychology provides personality development skills, learning skills, interpersonal relations etc. Psychology is of utmost need in almost every field of life and helps to solve the problems of daily life. The course provides a broad overview of Psychology and helps to understand complexities of behavior and development aspects of human.

2) Objective of the course :

- 1) To familiarize students with the basic Psychological Processes.
- 2) To enable students to acquaint with the knowledge of terms, concepts, techniques and principles relating to the subject.
- 3) To develop the ability to apply knowledge of contents and principles of Psychology in new and unfamiliar situations.
- 4) To prepare students to face various challenges related to life and develop proper attitude towards them.

3) Course Outcome :

As a discipline Psychology is a behavioral science, a degree in Psychology can prepare students for a wide variety of careers and self-development :

- 1) Students can apply the Psychological principles in their real life situations and to learn more effectively about life span development.
- 2) Psychology helps students to develop better physical, social, cognitive and personality perspectives.
- 3) Psychology graduates can serve in primary schools, high schools special schools (M.R.) as teachers and after post-graduation can serve in colleges or universities as lecturers, professors etc.
- 4) Psychology post graduates can opt for research work in various fields.
- 5) Psychology post graduates working as a psychologist such as clinical psychologist, counsellors etc.
- 6) Psychology students opting for competitive examinations are benefited.
- 7) Psychology students can have easy access in HRD and corporate world.

4) Eligibility Criteria :

For admission into Bachelors' degree of Arts one should pass higher secondary school certificate examination i.e. H.S.C. or 12th Arts, Commerce, Science or equivalent examination from a recognized board.

BA Part – I
Semester – I
Psychology Paper – DSC-I
General Psychology
(w.e.f June 2022, CBCS Pattern)

Credits 4

Contact hours 60

Objectives-

- 1.Familize student with science of psychology,and its biological base with application
- 2.Enable student with state of consciousness, motivation and emotional processes with its application.

Outcomes –

- 1.Student understand with science of psychology,and its biological base with application
- 2.Student able with state of consciousness, motivation and emotional processes with its application.

Unit 1 : Science of Psychology

1.1 Definitions of Psychology, Modern definition

1.2 History of Psychology

1.3Major subfields of Psychology – Clinical Psychology, Counselling Psychology, Developmental Psychology, Educational Psychology, Experimental Psychology, Cognitive Psychology, Industrial/Organizational Psychology, Psychobiology and Evolutionary Psychology, Social Psychology

1.4 Types of Psychological Professionals

1.5 Research Methods in Psychology – a) Observation b) Survey c) Case studies d) Correlation e) Experimental Method

1.6 Application of Psychology- knowing about human behaviour

Unit 2 : Biological Bases of Behavior :

2.1 Neurons

- a) Basic structure
- b) Basic Functions

2.2 The Nervous System –

- a) Basic structure and functions :
- b) The nervous system : its major divisions

2.3 The Brain –

- a) Brain stem
- b) The hypothalamus
- c) Thalamus
- d) Limbic system
- e) The cerebral cortex

2.4 Endocrine system

2.5 Drugs – a) Physical, b) Psychological Dependence c) stimulants, depressant, Alcohol, Narcotics, hallucinations ,Marijuana

2.6 Application of psychology – Madness and brain

Unit 3 : States of consciousness :

3.1 Sleep –

- a) Stages of sleep
- b) Functions of sleep
- c) Sleep Deprivation
- d) Sleep disorder

3.2 Dream

- a) Basic facts
- b) The functions and meaning of dream
- c) Day dreams

3.3 Hypnosis

a) How it is done and who is susceptible to it

b) Contrasting views about hypnosis nature (Theories)

c) Applications of hypnosis

3.4. Altered consciousness with drugs (a) Drug wise basic considerations (b) Problems associated with drug use (c) Psychopathic drug

3.5. Application of psychology- The legal consciousness altering drugs

Unit 4 : Motivation and Emotions :

4.1 Definitions of Motivation

4.2 Theories of Motivation

4.3 Types of Motivation

a) Hunger

b) Sexual Motivation

c) Aggressive Motivation

d) Achievement Motivation

e) Intrinsic Motivation

4.4 Emotion

a) Definition

b) The nature of emotions

c) Some contrasting views

d) The biological basis of emotions

e) External expression of emotions

4.5 Application of Psychology : Suggestion of Happiness

Tutorials

***Discuss based tutorial with student-**These tutorials focus on deeper explanation of causes content through discussion and debates

*** Review and questions and answers based tutorial-** In these tutorial student ask questions about the courses content and assigned review's key course content intutorial.

*** Writing feedback from student in tutorial-** student write key course content in the tuitorial for preparation of examination consolidates their learning in the guiding presence of their teacher.

Reference Books :

1. Robert A Baron (2011) : Psychology : 5th edition, 11th impression, New Delhi-Pearson Education
2. Robert S. Feldman(2002) : Understanding Psychology 4th edition (5th Reprint), New Delhi, Tata-McGraw Hill Publishing Company Limited.
- 3.Lahey Benjamin B. (1998) : Psychology an introduction , 14th edition(6th Reprint 2003) Tata McGraw Hill Education
4. Saudric K. Ciccareli and Gleali F. Meyer (2012) : Psychology : South Asian edition 5th impression New Delhi –Pearson Education
5. Michael W. Passer, Ronald E. Smith : Psychology : The science of mind and behavior : Indian edition- McGraw Hill Education
6. Atkinson and Hilgards : Introduction to Psychology : 14th edition, Thomson international edition
7. Morgan C.T. King, Weisz and Schopler (1994) : Introduction to Psychology 7th edition , Tata McGraw Hill, International Edition
8. Hirve, Tadsare : samanyaManasshastra : Kolhapur, PhadakePrakashan
9. Pandit,Kulkarni,Gore(1999) : SamanyaManasshastra : Nagpur, Pimpalasure and Publishers
10. Sunil Sontakke, UttamraoBhosale, Anant Kulkarni (2007) : SamanyaManasshastra : Solapur, AksharlenePrakashan
11. Dr. Nisha D, Mundada, Dr. ShashikantKhalane : PragatsamanyaManasshastra : Atharva Publications , second edition (2017)

BA Part – I
Semester – II
Psychology Paper – DSC-II
Modern Psychology
(w.e.f June 2022, CBCS Pattern)

Credits 4

Contact hours 60

Objectives-

1. Acquaint student with learning and memory process
2. Prepare student understand intelligence and personality process

Outcomes-

1. Clarify student with learning and memory process
2. learn student intelligence and personality process

Unit : 1 – Learning :

1.1 Definitions of learning

- a) Learning methods : Trial and error, Insight, Latent, Observational

1.2 Classical conditioning

- a) Pavlov's early work on Classical Conditioning
- b) Some basic Principles- Acquisitions
- c) Applications of Classical conditioning principles to human behavior

1.3 : Operant Conditioning :

- a) Thorndike's Law of effect
- b) Skinners basic Operant Conditioning
- c) Nature of Operant Conditioning

d) Some basic principles of Operant conditioning , Shaping and Chaining, Role of rewards and effect of procrastinations, Schedule of reinforcement, Concurrent schedule of reinforcement and the matching law, stimulus control of behavior.

e) Applications of Operant Conditioning to human behavior

1.4. Application of psychology- learning the wrong things

Unit 2 : Memory and forgetting

2.1 Definition and process of memory

2.2 Stages of Memory –

a) Sensory Memory

b) Short term (Working) memory

c) Long term memory

d) Types of long term Memory – Declarative, procedural, Semantic, Episodic, Implicit, Explicit, Flashbulb and Autobiographical memory

2.3 Forgetting

a) Ebbinghaus and forgetting curve

2.4 Causes of Forgetting – Encoding failure, Decay theory, Interference theory.

2.5 Applications of psychology : To develop effective study skills

Unit 3 : Intelligence :

3.1 Definition and theories

3.2 Theories of intelligence

a) Gardner's intelligence of multiple Intelligence

b) Sternberg's Triarchik theory : The value of practical intelligence

c) Cattell's Theory of Fluid and Crystallized Intelligence

3.3 Measurement of Intelligence

3.4 Extremes of intelligence

a) Intellectually gifted

b) Mental retardation

3.5 Applications of psychology : Mental exercise for better cognitive health

Unit 4 : Personality

4.1 Definition of personality

4.2 Psychoanalytic approach

a) Freud's theory of Personality

b) Jung's

c) Karen Horney and Alfred Adler

4.3 Humanistic Theories –

a) Rogers self-theory

b) Maslow theory of personality

4.4 Trait Theories –

a) Allport and Cattell

b) The “Big Five” factor

4.5 Measuring Personality

a) Self report Test

b) Projective Measures

4.6. Application of psychology- situational influences of personality in every day life.

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SOLAPUR**

Equivalent Subject for Old Syllabus

B.A Part-I Psychology (Opt) (CBCS Pattern) w.e.f June 2022

Sr. No.	Paper No. & Name of the Old Paper (Pattern-2019)	Paper No. & Name of the New Paper (Pattern-2022)
1)	Introduction to Psychology	General Psychology
2)	Fundamentals of Psychology	Modern Psychology

Question Paper Pattern w.e.f June 2022

प्रश्नपत्रिकेचे स्वरूप Nature of Question Paper

निवड आधारित श्रेयांक प्रणाली (CBCS)

शैक्षणिक वर्ष २०२२-२३ पासून लागू

वेळ २ तास

एकूण गुण ४०

प्रश्न १ ला योग्य पर्याय निवडा (प्रत्येकी १ गुण) (८ गुण)

Choose the correct alternative

प्रश्न २ रा थोडक्यात उत्तर लिहा (सहा पैकी चार) (१२ गुण)

Write Short answer (any four out of six)

प्रश्न ३ रा दीर्घोत्तरी प्रश्न (दोन पैकी एक) (१० गुण)

Broad answer question (any one out of two)

प्रश्न ४ था दीर्घोत्तरी प्रश्न (पर्याय नाही) (१० गुण)

Broad answer question (no choice)

टिप :

- लेखी परीक्षेसाठी ४० गुण आणि अंतर्गत निरंतर मूल्यमापनासाठी (CA) १० गुण
- १० गुणांसाठी स्वाध्याय/सरावपरीक्षा/गृहपाठ/मौखिकी यापैकी कोणत्याही एकाची निवड करावी .
- लेखी परीक्षा : ४० गुणांपैकी १६ उत्तीर्ण
- निरंतर मूल्यमापन (CA) : १० गुणांपैकी ०४ उत्तीर्ण.